

SHELBY COUNTY SCHOOLS LUNCH MENU
Aug-07

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN NUGGETS W/ROLL HOT DOG SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 13	FISH STRIPS WITH/HUSH PUPPIES GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNEED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 14	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 15	QUESADILLA WITH SALSA TURKEY CORN DOG NUGGETS *ENTRÉE SALAD SHREDDED LETTUCE SALAD 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 15	PIZZA HAMBURGER ON A BUN *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17
MEATBALL SUB CHICKEN WINGS WITH HOT ROLL *ENTRÉE SALAD SEASONED GREEN BEANS SCALLOPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 20	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNEED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 21	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 22	TERIYAKI NUGGETS W/ROLL FISH FILET SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNEED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 23	PIZZA EGGROLL WITH/DIP *ENTRÉE SALAD 0 VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 27	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/TORTILLA *ENTRÉE SALAD FAJITA FIXINGS OVEN BROWNEED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 28	SPAGHETTI WITH GARLIC TOAST QUESADILLA WITH SALSA *ENTRÉE SALAD 0 SEASONED GREEN PEAS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 29	BURRITO WITH SHREDDED CHEESE CHICKEN NUGGETS W/HOT ROLL *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30	PIZZA HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE GARDEN SALAD 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 31

***A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

USDA MEAL REQUIREMENTS

MEAT / MEAT ALTERNATE
 VEGETABLE AND OR FRUIT
 BREAD / BREAD ALTERNATE
 **MILK *

(*K - 3)

1 1/2 OUNCE, PER DAY
 1/2 CUP, PER DAY
 8 SERVINGS, PER WEEK
 1/2 PINT, PER DAY

**** A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

2 OUNCES, PER DAY
 3/4 CUP, PER DAY
 8 SERVINGS, PER WEEK
 1/2 PINT, PER DAY

*****SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.

This institution is an equal opportunity provider.