

# The

## Shelby County Schools Student Support Services

# CLINIC VIEW

## Newsletter

### Student School Based Clinics Highlights

December 2022 Vol. 3, Issue 4

#### Inside this Issue:

- > Get Your Flu Shots Now!
- > National Handwashing Week
- > Happy Holidays
- > Tips for the Holidays
- > Contact Us

#### Important dates:

- December 19<sup>th</sup> -30<sup>th</sup> : No School- Winter Break

#### Contact Us

Division of Student Support Services  
Clinic/Health Promotions Department  
901.416.6432

Student School Based Clinics are opened year-round. They are closed on the following days in observance of holidays:

- December 23<sup>rd</sup> & 26<sup>th</sup>: Christmas
- January 1<sup>st</sup>: New Years
- January 16<sup>th</sup>: MLK Day

## Get Your Flu Shots Now!!!

The holidays are here – and everyone is looking forward to spending quality time with family and friends.

But wait!!! Have you had your Flu Shot? Have you had your Covid Booster Shot?

Don't take chances with those you love – plan ahead for a healthy and safe holiday season.

Christ Community Health Service School Based Health Centers are here to help you do just that and more–

- Well child checks
- Flu vaccines
- Sports Physicals
- Parenting tips to get you through an active holiday season.

Christ Community Health Services School Based Centers are ready to be your partner in your child's health.

Don't wait until it is too late – schedule your exams and Flu vaccines now!

Don't let the **FLU** ruin your holiday plans.

Make an appointment to schedule your FLU and/or COVID shots.



Call or text (901) 842-2335 to schedule an appointment.



### December is National Handwashing Awareness Week!!!

Did You Know? The number one way to prevent the spread of infection is washing your hands. Do your part to prevent the spread of disease by following these tips from the CDC on when and how to wash your hands:

<https://www.cdc.gov/handwashing/when-how-handwashing.html> CDC webpage #NationalHandWashingWeek

#KeepHandsClean

