Shelby County Schools Student Support Services CLINIC LEVEL Newsletter

Student School Based Clinics Highlights

January 2023 Vol. 3, Issue 5

Inside this Issue:

- ➤ Word From the Clinic
- > Cervical Cancer
- Signs & Symptoms of Strep Throat
- ➤ Clinic Hours
- ➤ Get Your Flu Shot
- ➤ Contact Us

Important dates:

 January 16th: No School-MLK Day

Contact Us

Division of Student Support Services Clinic/Health Promotions Department 901.416.6432

Student School Based
Clinics are opened yearround. We are <u>closed</u> on
the following day(s) in
observance of the
holiday(s):

January 16th: MLK
 Day

Just a reminder to...





As we settle into the new year, we all have new expectations, dreams, and personal resolutions for ourselves and our families. For most of us, a commitment to good health is at the top of our list.

Working to keep those New Year promises to ourselves begins to lose momentum around the end of January.

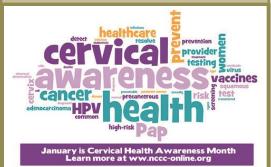
That is when you need to reevaluate and renew your commitments.

Our families are the most important aspect of any resolution we can make, and their health is at the top of the pyramid. Work to keep it there throughout the year. Make your appointments for the Flu shot, get your sports physicals before they are needed, and if you need counseling or family assistance, reach out to Family Solutions. All these services are available at your school-based health centers.

Christ Community wants to be your family's source of care. We encourage you to get to know the doctors and nurses at the school-based centers.

Ask questions about services, care, and other services not offered at school-based but at other Christ Community Health Service locations. We are here for you and your family.

January is Cervical Cancer Awareness
Month! A time to raise awareness about
cervical cancer, HPV disease, and the
importance of getting screened. Please
contact the clinic at (901) 842-3160 for more
information.



Signs and Symptoms of Strep Throat **Usually include:** Typically do not include: Sore throat that can start very quickly 🚫 Cough Pain when swallowing Runny nose Hoarseness Red and swollen tonsils, sometimes 🟿 Conjuntivitis with white patches or streaks of pus (Pink Eye) Tiny red spots on the roof of the mouth Swollen lymph nodes in the front of the **Christ Community**

