

The

Shelby County Schools Student Support Services

CLINIC VIEW

Newsletter

Student School Based Clinics Highlights

September 2022 Vol. 3, Issue 1

Inside this Issue:

- Welcome Back To School!
- For All Your Health Care Needs!!
- National Childhood Obesity Awareness Month Important!!!
- Contact Us

Important dates:

- **September 5th:**
No School- Labor Day
- **September 8th:**
Parent/Teacher Conference

Contact Us

Division of Student Support Services
Clinic/Health Promotions Department
901.416.6432



We are so excited about this 2022-2023 school year. As we prepare for a great academic year, remember that being a supportive parent/guardian who is always involved is the foundation a student needs for success. Remember to talk to your child's school life daily. Below are some tips of what to ask your child(ren):

- Ask your child how their school day went. Engage in conversation about what they learned, whom their friends are, what they had for lunch, etc.
- Make sure your child has time set aside to complete homework. Be there to answer any questions or assist when needed.
- Read all notes/memos sent home from the school and/or teacher. Notes are the primary form of communications between a teacher and parents. Look for them and read them to stay up-to-date on events.
- Contact your child's teacher immediately if you have any concerns.
- Value your child's education and express the importance of it every single day. This is arguably the single most valuable thing a parent can do when it comes to their child's education. Those that value education often thrive and those that don't often fail. [Click here](#) for more information.



According to the CDC, there are 4 things families can do to prevent childhood obesity are the following:

- Model healthy eating patterns and rethinking your drinks
- Move more as a family
- Set Consistent sleep routines
- Replace screen time with family time.

Please [click here](#) for more details.

**For 2022-23,
MSCS will
Rise & Shine
Together!!!**

School-Based Health

OPEN YEAR ROUND

Pediatric Care • Sports Physicals • Annual Child Physicals
Behavioral Evaluations • Sick Visits • Immunizations • Family Counseling Services

EAST HIGH SCHOOL 3206 Poplar, 38111 Monday - Friday 8am - 5pm Entrance is on Walnut Grove side of the school.	SHEFFIELD CTC 4350 Chuck, 38118 Monday - Friday 8am - 5pm	WESTWOOD HIGH SCHOOL 4480 Westmont, 38109 M, W, F 8am - Noon
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Call (901) 842-2379 or text "SCS901" to 91999 to schedule an appointment.

