



# **BENEFITS & YOU**







Retiree Benefits Guide

Human Resources

The deep of SCS



**BENEFITS FOR A HEALTHY LIFE** Your 2022 SCS Retiree benefit choices



# **WELCOME TO YOUR BENEFITS ENROLLMENT**

Shelby County Board of Education is pleased to provide retirees a choice of benefits for you and your family. This guide provides information on the programs available for Pre-Age 65 ("Pre-65") and Post-Age 65 ("Post-65") retirees.

This guide provides highlights of benefits and features of the health care plans available to you as a Pre-65 or Post-65 retiree of Shelby County Schools. <u>It includes important information about a new and less expensive option for retirees eligible for Medicare</u>. Use this information to learn more about the coverage that's best for you and your family.





### Inside this guide

This booklet contains:

- Information for 2022 Retiree
   Benefits
- Benefit plan overview
- Premium rates for each benefit
- Instructions on how to change medical plans

#### 2021-22 ANNUAL CHANGE PERIOD:

 Monday, November 1, 2021 through Friday, November 12, 2021

#### **DEADLINE TO MAKE CHANGES:**

• Friday, November 12, 2021

Benefit changes made during the annual change period will take effect January 1, 2022.

#### Want to make changes in your plans?

If you elect to make changes, complete the enclosed form and return it to the Employee Benefits Department by Friday, November 12, 2021. You can drop off your form, e-mail, mail, or fax the information to us:

- 1. E-mail us at <u>benefits@scsk12.org</u>
- 2. Fax us at 901-416-6463 (keep a copy of the confirmation for your records)
- Mail the form to SCS Employee Benefits, Room 108, Barnes Building, 160 S. Hollywood St., Memphis, TN 38112

# Highlights for 2022

## What you need to know about the Retiree Enrollment Change Period:

- 1. During the annual change period, nothing is required if you wish to retain your current benefit elections.
- 2. There are no premium increases for 2022 for retiree medical, dental or vision coverage.
- 3. We're introducing a new Post-65 medical plan that offers additional benefits at a lower cost; Medicare Advantage PPO plan.
- 4. Medical, dental and vision coverage cannot be added if you are not currently enrolled – even if you and/or a dependent lose coverage elsewhere or if coverage is cancelled for any reason.
- If you elect to make changes, complete the enclosed form and return it to the Employee Benefits Department by Friday, November 12, 2021. You can drop off your form, e-mail, mail, or fax the information to us:
  - a. E-mail us at benefits@scsk12.org
  - b. Fax us at 901-416-6463 (keep a copy of the confirmation for your records)
  - c. Mail the form to SCS Employee Benefits, Room 108, Barnes Building, 160 S. Hollywood St., Memphis, TN 38112

#### **Questions about your benefits?**

SCS will host a Benefits Fair on Friday, October 29, 2021. Cigna representatives and vendors will be present: Board Auditorium 2:00p – 6:00p (masks required)

If you're age 65 or older, you can attend one of our Post-65 retiree informational sessions listed below (optional):

- Post-65 Retirees Last Names A K Wednesday, October 27, 2021 - 10:00a – 12:00p BOE Auditorium (masks required)
- Post-65 Retirees Last Names L Z Thursday, October 28, 2021 - 10:00a – 12:00p BOE Auditorium (masks required)

You can also address questions directly to our benefits department at 901-416-5304 or <u>benefits@scsk12.org</u>

### Summary of Benefits and Coverage

The Health section of this guide provides an overview of your medical plan options. You can find detailed information about each pre-65 medical plan in each plan's Summary of Benefits and Coverage (SBC). The SBCs summarize important information about your health coverage options in a standard format to help you compare costs and features across plans. The SBCs are available on the SCS Benefits webpage.

# **Options for 2022:**

No changes in plans or contributions if you're a pre-65 retiree. If you're a post-65 retiree there's a new medical plan to consider, and lower medical plan rates.

### Medical-Pre 65 Retirees

For 2022, you have a choice of three medical plans with a range of coverage levels and costs. This gives you the flexibility to choose what's best for your needs and budget.

- SCS Open Access Plus (OAP) Basic Preferred Provider Organization (PPO), a preferred provider organization plan that reduces your out-of-pocket responsibility when you need care by offering a lower deductible and higher premium contributions.
- SCS Open Access Plus (OAP) NETWORK ONLY, a preferred provider organization, network only, plan that has the lowest deductible, giving you the most protection from out-of-pocket expenses when you need care, but costs the most from your retirement check. (This plan is not available in the State of Texas.)
- SCS Choice Fund Health Reimbursement Account (HRA), an employer-funded health benefit plan that reimburses you for out-of-pocket medical expenses offering a higher deductible and out-of-pocket maximums but cost the least from your retirement check.
- Important Notes:
  - Dependents of Pre-65 Retirees that are Medicare eligible, must have Medicare A&B coverage (even if the retiree is under 65 and not Medicare eligible).
  - Any Pre-65 retiree (or eligible dependent) that is enrolled in Medicare A&B must provide our office a copy of the Medicare A&B card.

### How to choose your medical plan: Pre-65 Medical plans

#### We'll outline a few considerations for each plan, below:

**OAPIN**: provides benefits only for in-network providers, and features copays for many services (so you'll know in advance what you'll spend out-of-pocket for these services). The out-of-pocket limit for this plan is the lowest of the three plans, but it also requires the highest contributions from you.

**OAP Basic:** provides benefits for both in network and out of network services. Most services are subject to a deductible and coinsurance rather than copays. The out-of-pocket limit for this plan is higher than the limit for the OAPIN plan, but the per month contributions for this plan are lower. For example, if you elect single coverage, your annual contributions will be about \$330 lower for this plan than for the OAPIN plan. If you elect coverage for two or more dependents, your annual savings increases to about \$930

**HRA Plan**: like the OAP Basic plan this plan provides benefits for both in network and out of network services. The out-of-pocket limit for this plan is higher than either of the other two plans, but your out-of-pocket expenses are offset by the HRA contributions we discussed earlier. This plan requires the lowest contributions; see the savings illustration below for details.







### Compare medical pre-65 plans

The chart below provides a comparison of key coverage features and costs.

|  | OAP IN-NETWORK PLUS                  | OAP BASIC  | CHOICE FUND<br>HRA   |  |
|--|--------------------------------------|--|--|--|
|  | In-network only                      | In-network benefits<br>shown; out of network<br>benefits are available | In-network benefits<br>shown; out of network<br>benefits are available |  |
|  | You Pay                              | You Pay  | You Pay  |  |
| Annual deductible  |                                      | ·  | '  |  |
| Retiree<br>Retiree + 1<br>Family   | \$500<br>\$1,000<br>\$1,000          | \$1,000<br>\$2,000<br>\$4,000  | \$1,500<br>\$3,000<br>\$3,000  |  |
| Annual Out-of-pocket maximum*  |                                      |  |  |  |
| Retiree<br>Retiree + 1<br>Family<br>Coinsurance  | \$3,000<br>\$9,000<br>\$9,000<br>20% | \$4,000<br>\$12,000<br>\$12,000<br>20%                                 | \$7,150<br>\$14,300<br>\$14,300<br>30%                                 |  |
| Annual Health Fund (HRA)   |                                      |  |  |  |
| Annual Health Fund provided to offset your deductible  | N/A                                  | N/A  | \$500 Retiree<br>\$1,000 Retiree +1<br>\$1,000 Family                  |  |
| Medical coverage   |                                      |  | ·  |  |
| Doctor's office visits   | \$25 copay                           | 20%  | 30%  |  |
| Preventive care (mammograms, PAP test, physicals, immunizations)   | 0%                                   | 0%   | 0%   |  |
| Specialist visits  | \$40 copay                           | 20%  | 30%  |  |
| Telemedicine visits  | \$25 copay                           | Copay; 20%   | Copay; 30%   |  |
| Outpatient surgery   | \$250 copay                          | 20%  | 30%  |  |
| Inpatient hospital (per stay)  | \$500 copay                          | 20%  | 30%  |  |
| Emergency room   | \$250 copay                          | \$400 copay  | 30%  |  |
| Labs and X-rays  | 20%                                  | 20%  | 30%  |  |
| Urgent Care  | \$75 copay                           | 20%  | 30%  |  |
| Prescription drugs (in-network benefits shown; out of network benefits available in OAP Basic and HRA plans) |                                      |  |  |  |
| Deductible   | N/A                                  | N/A  | N/A  |  |
| Generic (30-day supply)  | \$10 copay                           | \$10 copay   | \$10 copay   |  |
| Preferred Brand Formulary<br>(30-day supply)   | 20%<br>(\$25 min/\$60 max)           | 20%<br>(\$25 min/\$60 max)   | 20%<br>(\$25 min/\$60 max)   |  |
| Non-Preferred Brand (Non-formulary) (30-day supply)  | 30%<br>(\$50 min/\$80 max)           | 30%<br>(\$50 min/\$80 max)   | 30%<br>(\$50 min/\$80 max)   |  |
| Mail Order (90-day supply)   | 3 x retail copay                     | 3 x retail copay   | 3 x retail copay   |  |

\*All plans have an unlimited lifetime plan maximum





### How does the HRA work?

If you enroll in the Choice Fund HRA medical plan option, it will include a health reimbursement account (HRA), funded by Shelby County Schools (SCS), to help you pay for some of the costs of eligible health care expenses. The account is funded on the effective date of your coverage in the HRA plan.

Most services under the HRA plan are subject to deductible and coinsurance rather than copays. The outof-pocket limit for this plan is higher than either of the other two plans, but your out-of-pocket expenses are offset by the HRA contributions we discussed earlier.

This means, for example, that:

- 1. If you elect single coverage, the first \$500 of covered expenses you have are completely paid for by the plan.
- 2. If you elect coverage for one or more dependents, the first \$1,000 of covered expenses incurred by your family would be completely paid for by the plan.

Remember: if you don't completely use your HRA allocation it rolls over into the next year (so what you don't use you don't lose).

Any balance you have in your HRA will be used to offset the HRA plan deductible; this will be done automatically during the claim processing.

While the HRA is a great benefit, keep in mind that it can't be converted to cash at any time; it can only be used to offset medical plan costs.

#### A closer look at the HRA

The Choice Fund Health Reimbursement Account (HRA) plan is available to eligible Pre-65 retirees and costs you less from your retirement check, so you keep more of your money. This plan rewards you for taking an active role as a health care consumer and making smart decisions about your health care spending. As a result, you could pay less for your annual medical costs.

### Which plan is right for me?

All the plans consider the same expenses to be eligible for reimbursement (and the HRA plan provides benefits for some kinds of infertility services and bariatric surgery). Each of the plans uses the same high-quality network of CIGNA providers, and the OAP Basic and Choice Fund HRA plans provide out of network benefits as well.

The plans differ in how much they pay and how much they cost in contributions. Here's how the contributions compare on a monthly basis:

| Pre-65 Medical Plan Contributions per Month |                            |           |                         |
|---|----------------------------|-----------|-------------------------|
| Medical /<br>Rx Plan<br>Options:            | OAP In-<br>Network<br>Plus | OAP Basic | Choice Fund<br>HRA Plan |
| Retiree                                     | \$299.56                   | \$271.87  | \$246.27                |
| Retiree +1                                  | \$599.11                   | \$543.73  | \$492.52                |
| Family                                      | \$835.76                   | \$758.49  | \$687.07                |

### All medical plans

#### 1. Free in-network preventive care

As with all SCS health plans, preventive care is fully covered under every plan option — you pay nothing toward your deductible and no copays as long as you receive care from in-network providers. Preventive care includes annual physicals, well-child and well- woman exams, immunizations, flu shots, and cancer screenings.

#### 2. Extensive provider network

The plan uses Cigna's large network of doctors and other health care providers.









### Medical-Post 65 Retirees

Each of our medical benefit plans will consider the same medical expenses to be eligible for reimbursement.

While each plan covers the same types of medical services, the amount you pay in contributions and the amount you pay in out-of-pocket expenses when services are rendered will be different by plan.

The Medicare Surround plan does not use a network; you can use any doctor or hospital that accepts Medicare. The Medicare Advantage HMO plan uses a network, and you have to use a network provider to receive benefits under this plan. The new Medicare Advantage PPO plan also uses a network, but the benefits available are the same whether or not you use an in-network provider. We'll explain how the out of network benefit works under the Medicare Advantage PPO plan later in this document.

This chart summarizes key features of each medical plan, prescription drug benefits are shown on the next page:

### Medical-Post 65 Retiree Medical Plan Options:

| Benefit  | Medicare Surround    | Medicare Advantage<br>HMO | Medicare Advantage<br>PPO (new for 2022) |
|--|----------------------|---------------------------|--|
| Monthly Cost (per<br>person) before TCRS<br>credits)                                     | \$190.03             | \$57.00                   | \$122.00                                 |
| Provider Network?  | No                   | Yes                       | Yes                                      |
| Out of Network<br>Benefits?  | Yes                  | No                        | Yes                                      |
| Plan Deductible  | \$203                | \$0                       | \$203                                    |
| Maximum out of<br>pocket cost  | n/a                  | \$1,500                   | \$203                                    |
| Doctor visits  | \$0 after deductible | \$5                       | \$0 after deductible                     |
| Specialist visits  | \$0 after deductible | \$10                      | \$0 after deductible                     |
| Emergency care   | \$0 after deductible | \$120                     | \$0 after deductible                     |
| Urgent care  | \$0 after deductible | \$10                      | \$0 after deductible                     |
| Inpatient hospital care  | \$0                  | \$0                       | \$0                                      |
| Requires a Primary<br>Care Physician   | No                   | Yes                       | No                                       |
| Transportation services  | No                   | No                        | Yes                                      |
| Hearing aids   | No                   | No                        | Yes                                      |
| \$0 Rx copay for select<br>preventive drugs and<br>select diabetic drugs<br>and supplies | No                   | No                        | Yes                                      |

Note that the Medicare Advantage PPO and Medicare Advantage HMO plans feature a single identification card. The Medicare Surround plan will require separate medical and pharmacy identification cards.



### Medical-Post 65 Retirees Prescription Drug Plan

Each of our medical benefit plans will include the prescription drug benefits shown below. The prescription drug benefits are the same across all plans with one exception: the Medicare Advantage PPO plan (new for 2022) includes a \$0 copay benefit for certain preventive medications and diabetic medications and supplies. These \$0 copay drugs under the Medicare Advantage PPO plan would include drugs such as Metformin, Atorvastatin, Albuterol HFA, Clopidogrel, and many insulins.

| Deductible for prescriptions      | \$0                              |                                  |  |
|-----------------------------------|----------------------------------|----------------------------------|--|
| Coverage limit and coverage gap   | Same for all three               | ee medical plans                 |  |
| List of eligible drugs            | Same for Medicare Surround Pl    | DP & Medicare Advantage PPO      |  |
| Retail / Mail                     | Retail (30 day supply)           | Home delivery (90 day supply)    |  |
| Tier 1 preferred generics         | \$10                             | \$20                             |  |
| Tier 2 preferred brand            | \$25                             | \$50                             |  |
| Tier 3 non-preferred brand and    | \$50                             | \$100                            |  |
| generic                           |                                  |                                  |  |
| Tier 4 specialty                  | \$50                             | n/a                              |  |
| Select preventive medications and | \$0 under Medicare Advantage PPO | \$0 under Medicare Advantage PPO |  |
| select diabetic medications and   | (copays apply under Surround and | (copays apply under Surround and |  |
| supplies                          | Advantage HMO plans)             | Advantage HMO plans)             |  |

### Medical-Post 65 Retirees Monthly Costs for 2022

All plans cover medical benefits and prescription drug benefits as noted above.

| Medicare Surround<br>Monthly Cost | Classified or<br>Certificated with less<br>than 15 years of<br>TCRS service | Certificated 15-19<br>years of TCRS<br>service | Certificated 20–29<br>years of TCRS<br>service | Certificated 30+<br>years of TCRS<br>service |
|-----------------------------------|---|--|--|--|
| Retiree only                      | \$190.03  | \$165.03                                       | \$152.53                                       | \$140.03                                     |
| Retiree +1                        | \$380.06  | \$355.06                                       | \$342.56                                       | \$330.06                                     |
| Family                            | \$570.09  | \$545.09                                       | \$532.59                                       | \$520.09                                     |
|                                   |   |  |  |  |
| Medicare                          | Classified or   | Certificated 15-19                             | Certificated 20 – 29                           | Certificated 30+                             |
| Advantage HMO                     | Certificated with less  | years of TCRS                                  | years of TCRS                                  | years of TCRS                                |

| Monthly Cost | than 15 years of<br>TCRS service | service  | service  | service  |
|--------------|----------------------------------|----------|----------|----------|
| Retiree only | \$57.00                          | \$32.00  | \$19.50  | \$7.00   |
| Retiree +1   | \$114.00                         | \$89.00  | \$76.50  | \$64.00  |
| Family       | \$171.00                         | \$146.00 | \$133.50 | \$121.00 |

| Medicare<br>Advantage PPO<br>(new for 2022)<br>Monthly Cost | Classified or<br>Certificated with less<br>than 15 years of<br>TCRS service | Certificated 15-19<br>years of TCRS<br>service | Certificated 20 – 29<br>years of TCRS<br>service | Certificated 30+<br>years of TCRS<br>service |
|---|---|--|--|--|
| Retiree only  | \$122.00  | \$97.00  | \$84.50  | \$72.00                                      |
| Retiree +1  | \$244.00  | \$219.00                                       | \$206.50   | \$194.00                                     |
| Family  | \$366.00  | \$341.00                                       | \$328.50   | \$316.00                                     |

If your dependents are not Medicare-eligible, rates and plans may differ for dependent coverage. Please contact the SCS Benefits Office for more information.



#### **Focus on wellness**

SCS is committed to helping you feel your best and live well. We offer benefits and programs that support your total health and make it easier to pursue your wellness goals.

### **Medical Post-65 Choices**

None of us can predict the future, but we all have a general idea about our own health and the health of our family members. We'll outline a few considerations for each plan, below:

Medicare Advantage PPO (new for 2022): this plan provides the same medical coverage as the Medicare Surround plan but offers a lower cost and an expanded prescription benefit. While the benefits under the plan are the same whether you use a network provider or not, the plan will pay out of network providers. If your doctor won't accept the plan, call Customer Service at the phone number below. Cigna will reach out to the doctor on your behalf to explain how the plan works. In most cases, this will resolve the issue.

The Medicare Advantage PPO is a great choice for you if:

- Your medical providers are in the CIGNA network (you can ask your provider if they participate in the CIGNA Medicare Advantage PPO network, or look up your provider at <u>www.CIGNAMedicare.com/group/MAresources.com</u>) OR
- 2. Your medical provider will agree to bill CIGNA for their services (ask your provider) OR
- You take the preventive medications or the diabetic medications that the Advantage PPO plan covers for free (check for these drugs at www.cignaMedicare.com/group/MAresources.com

What if my provider does NOT agree to bill CIGNA for my services? Call CIGNA customer service: they may be able to help. They can be reached at 888-281-7867 or by e-mail at letushelpyou@cigna.com

**Medicare Surround:** this plan provides the same medical benefits as the Medicare Advantage PPO plan, but does not use a network. It costs almost \$70 more per month when compared to the Advantage PPO plan, and does not provide the free coverage for select preventive drugs and diabetic medications.

**Medicare Advantage HMO:** this plan is the least costly of the three options. It provides benefits only for innetwork providers and you must live within the HMO service area to enroll is this plan. Check in-network provider status at <u>www.CIGNAMedicare.com/group/MA</u> <u>resources.com</u> or call 888-281-7867 for assistance.

#### Active & Fit – Silver & Fit

As a Cigna customer, you have access to the Active & Fit Direct Program (Pre-65 & Medicare Surround plans) or the Silver & Fit Direct Program (Medicare Advantage plan), which offers huge discounts on fitness center memberships to over 8,000 fitness centers nationwide. To learn more, visit <u>www.ActiveandFitDirect.com/fitness/Cigna</u> or <u>www.SilverandFit.com</u>







### Dental (Pre & Post 65)

Healthy teeth and gums are important to your overall wellness. That's why it's important to have regular dental checkups and maintain good oral hygiene. Learn about the dental plans available to help you maintain your oral health.

|  | Cigna DPPO<br>\$1,500 Plan |                          |
|--|----------------------------|--------------------------|
|  | Network                    | Out-of-Network           |
| Annual deductible (employee only/family) | \$50/\$150                 | \$100/\$300              |
| Calendar-year maximum                    | \$1,500                    | \$1,500                  |
| Preventive/diagnostic services           | 0%                         | 0%                       |
| Basic services                           | 20%                        | 20%                      |
| Major services                           | 50%                        | 50%                      |
| Orthodontia                              | 50%                        | 50%                      |
| (Adults not covered)                     | \$1.500 Lifetime maximum   | \$1.500 Lifetime maximum |

### Vision (Pre & Post 65)

Having vision coverage allows you to save money on eligible eye care expenses, such as periodic eye exams, eyeglasses, contact lenses, and more for you and your covered dependents.

| Cigna Vision                          | Network   | Out-of-Network  |
|---------------------------------------|---|---|
| Exam (once every 12 months)           | \$10 copay  | Up to \$30 allowance  |
| Lenses (once every 12 months)         | \$20 copay  | Up to \$25-\$60 allowance   |
| Frames (once every 24 months)         | \$130 allowance plus 20% discount<br>on amount exceeding frame<br>allowance | Up to \$30 allowance  |
| Contact lenses (once every 12 months) | Covered at 100% (medically<br>necessary)<br>\$150 allowance (elective)      | Up to \$225 allowance (medically<br>necessary)<br>Up to \$75 allowance (elective) |

### 2022 monthly dental and vision premiums (Pre & Post 65)

| Dental Plan - DPPO - \$1,500 | Monthly Premium |
|------------------------------|-----------------|
| Retiree Only                 | \$25.79         |
| Retiree + 1                  | \$54.17         |
| Family                       | \$77.38         |

| Vision Plan  | Monthly Premium |
|--------------|-----------------|
| Retiree Only | \$5.10          |
| Retiree + 1  | \$9.77          |
| Family       | \$15.84         |

Please Note: Voluntary dental and vision plan options are only available to retirees currently enrolled.

# **IMPORTANT INFORMATION**

After you've carefully considered your benefit options and anticipated needs for 2022, please review a few important reminders. Follow the instructions to make changes to your retiree health benefits for 2022.

#### Eligibility

You are eligible for Shelby County Schools benefit programs if you meet specific qualifications to continue coverage at retirement. If you have questions, please contact the Employee Benefits Department.

(Please note: You cannot be covered as both a retiree and as a dependent under any of Shelby County Schools' health insurance plans.)

#### When you become Medicare eligible

If you and/or your dependent become Medicare eligible and would like to continue your benefits with Shelby County Schools, it is <u>required</u> that you and/or your dependents:

- enroll in Medicare Parts A&B
- provide a copy of your Medicare card to Benefits
- elect a Post-65 retiree medical plan
- complete healthcare enrollment form

Medicare open enrollment for part A & B begins in October. If you have any questions regarding Medicare, you should contact Social Security Administration at 1-800-MEDICARE or <u>www.medicare.gov</u>

# How do I make changes to my retiree benefits?

Please complete the Healthcare Change form located in the back of this booklet and return the form, via mail, email, fax or in-person:

#### **SCS Benefits Office**

160 S. Hollywood, Barnes Building, Rm 108 Memphis, TN 38112

901-416-5304 (phone) 901-416-6463 (fax)

benefits@scsk12.org (email)



#### Do I have to re-enroll in my retiree benefits?

Nothing is required if you wish to retain your current benefits elections. You do not have to re-enroll in medical, dental or vision coverage. Your current plans will remain in place for 2022. During this annual change period, you cannot add coverage-you can only change medical plans or cancel coverage.

#### Should I cancel my retiree coverage?

You can cancel medical, dental, vision, or basic life insurance coverage at any time. Billing will be adjusted according to the receipt of the written request for cancellation.

Please keep in mind, should you cancel medical, dental, vision or basic life insurance benefits for yourself and/or a dependent you will NOT be allowed to reinstate coverage at any time.

Note: You will not have another opportunity to enroll - even if you and/or a dependent lose coverage elsewhere or if coverage is cancelled for any reason.

#### How do I pay for my benefits?

Your premiums for medical, dental, vision, and/or basic life insurance will continue to be deducted from your TCRS pension check.

If you have any questions or need to make any updates including cancellations, address changes, etc. submit your request in writing to Shelby County Schools, Barnes Building, 160 S. Hollywood Street, Room 108, Memphis, TN 38112.

#### **Important Note:**

If you are a new retiree and have not received your first TCRS retirement check, you must submit your health insurance payments directly to SCS to prevent cancellation.





### Contacts

Please contact the appropriate provider listed below to learn more about a specific benefit plan.

| Plan   | Who to Call              | Web Address     | Phone Number  |
|--|--------------------------|-----------------|---|
| Medical  | Cigna                    | www.mycigna.com | Annual Enrollment Questions:  |
| Dental   | Cigna                    | www.mycigna.com | 1-800-401-4041  |
| Vision   | Cigna                    | www.mycigna.com | On-going Customer Service:<br>1-800-736-7568<br>Prescriptions/Medicare PDP<br>1-800-558-9562 (Medicare Surround)<br>1-888-281-7867 (Medicare Advantage) |
| Life Insurance   | Shelby County<br>Schools | www.scsk12.org  | Customer Service:<br>Basic Life Insurance<br>1-901-416-5304 (option 1)  |
| SCS Benefits Office<br>160 S. Hollywood, Rm<br>Memphis, TN 38112 | 108                      | www.scsk12.org  | 901-416-5304, option 1<br>901-416-6463 (fax)  |

### Common insurance terms & definitions

ASO (Administrative Services Only) – An arrangement in which an employer hires a third party to deliver administrative services to the employer such as claims processing and billing; the employer bears the risk for claims. This is common in self-insured health care plans.

**Coinsurance** - A form of medical cost sharing in a health insurance plan that requires an insured person to pay a stated percentage of medical expenses after the deductible amount, if any, was paid. Once any deductible amount and coinsurance are paid, the insurer is responsible for the rest of the reimbursement for covered benefits up to allowed charges: the individual could also be responsible for any charges in excess of what the insurer determines to be "usual, customary and reasonable". Coinsurance rates may differ if services are received from an approved provider (i.e., a provider with whom the insurer has a contract or an agreement specifying payment levels and other contract requirements) or if received by providers not on the approved list. In addition to overall coinsurance rates, rates may also differ for different types of services.

**Copayment** - A form of medical cost sharing in a health insurance plan that requires an insured person to pay a fixed dollar amount when a medical service is received. The insurer is responsible for the rest of the reimbursement. There may be separate copayments for different services. Some plans require that a deductible first be met for some specific services before a copayment applies.

**Deductible** - A fixed dollar amount during the benefit period - usually a year - that an insured person pays before the insurer starts to make payments for covered medical services. Plans may have both per individual and family deductibles. Some plans may have separate deductibles for specific services. For example, a plan may have a hospitalization deductible per admission. Deductibles may differ if services are received from an approved provider or if received from providers not on the approved list.

**Preferred provider organization (PPO) plan** - An indemnity plan where coverage is provided to participants through a network of selected health care providers (such as hospitals and physicians). The enrollees may go outside the network but would incur larger costs in the form of higher deductibles, higher coinsurance rates, or non-discounted charges from the providers.

**Maximum out-of-pocket expense** - The maximum dollar amount a group member is required to pay out of pocket during a year. Until this maximum is met, the plan and group member shares in the cost of covered expenses. After the maximum is reached, the insurance carrier pays all covered expenses, often up to a lifetime maximum.

**Primary care physician (PCP)** - A physician who serves as a group member's primary contact within the health plan. In a managed care plan, the primary care physician provides basic medical services, coordinates and, if required by the plan, authorizes referrals to specialists and hospitals.

**Self-insured plan** – A plan offered by employers who directly assume the major cost of health insurance for their employees. Some self-insured plans bear the entire risk. Other self-insured employers insure against large claims by purchasing stop-loss coverage. Some self-insured employers contract with insurance carriers or third-party administrators for claims processing and other administrative services; other self-insured plans are self-administered.

| SI        | SHELBY COUNTY SCHOOLS   |   | SUNTLE   |  | Administered by  | ed by   |  | 200 C                  |
|-----------|---|---|--|--|--|---|--|------------------------|
| Ne        | New Retiree Health Care Plan  |   |  | 400  | Connecticu<br>Cigna Hes  | Connecticut General Life Insurance Company<br>Cigna HealthCare of Tennessee, Inc. | rance Company<br>ssee, Inc.                            | Cigna.                 |
| En<br>(Pl | Enrollment/Change Form<br>(Please complete this form in its entirety)   |   | A LAND   |  |  |   |  |                        |
| ۲         | Image: Second | NGE/ SCS PLAN GROUP   | CIGNA ACCOUNT<br>3211484                                   | NO. BRANCH CODE  | MEDICAL COVERAGE TIER  | IER<br>Retiree + One  | RETIREE + FAMILY                                       | FAMILY                 |
|           | EMPLOYER NAME         EMPLOYER ADDRESS           SHELBY COUNTY SCHOOLS         160 S. HOLLYWO   | YW0   | OD, MEMPHIS, TN 38112                                      | -  | WAIVE MEDICAL PRE-65 RETIREE (under age 65)  | aqe 65)   |  |                        |
|           | TYPE OF CHANGE:   |   |  |  | OAP IN-Network Plus  | OAP Basic   | Choice Fund HRA  | nd HRA                 |
|           | Cancel Dependent(s)*  | Other   | ther   |  | POST-65 RETIREE or Medicare eligible (over age 65)  MEDICARE SURROUND & PART D PHARMACY PLAN MEDICARE ADVANTAGE COVERAGE () PP0 () HM0   | edicare eligible (c<br>& PART D PHARMAC)<br>E COVERAGE ( ) P                      | <b>ble (over age 65)</b><br>MACY PLAN<br>() PPO () HMO |                        |
|           | Cancel Coverage*  | e + One Dependent   |  |  | DENTAL COVERAGE TIER (MUST HAVE MEDICAL COVERAGE)  C RETIREE ONLY  C DPPO 1500  C DPPO 1500  C DATAL   | RETIREE + ONE<br>WAIVE DENTAL   | IEDICAL COVERAGE)                                      | <b>RAGE)</b><br>FAMILY |
|           | * List Names in Section B   |   |  |  | VISION COVERAGE TIER (MUST HAVE MEDICAL COVERAGE)  RETIREE ONLY  RETIREE ONLY  VISION  VISION  VISION  | RETIREE + ONE<br>WAIVE VISION   | EDICAL COVERAGE)                                       | <b>AGE)</b><br>FAMILY  |
| m         | RETIREE NAME (Last)   | (First)   |  |  | ('TW)  | SOCIAL SECURITY NO  |  |                        |
|           | DATE OF BIRTH (MM/DD/CCYY) GENDER HOME PHONE  | WORK PHONE  | NE   | E-MAIL ADDRESS   | PRIMARY CARE   | PRIMARY CARE PHYSICIAN NAME   | PRIMARY CARE PHYSICAN ID                               | AN ID                  |
|           | ADDRESS (Street)  | -   | <u> </u>   | (City)   |  | (State)   | (Zip Code)<br>   |                        |
| αш⊢       | DEPENDENT INFORMATION<br>Last Name First Name M   | D TrW   | DEPENDENT SOCIAL<br>SECURITY NO.                           | DEPENDENT<br>PRIMARY CARE<br>PHYSICIAN                 | DATE OF<br>BIRTH<br>MM DD CCYY   | GENDER DEPENDENT<br>COVERAGES   | T EMPLOYEE?  | (check<br>one)         |
| - 22 1    | Spouse  |   | 2  | Name   | -  | Medical Medical Dental  |  | Add<br>Cancel          |
| шш        | Dependent *   | Relationship  | 2  | Name   |  |   |  | Add<br>Cancel          |
|           | Dependent *   | Relationship  | 2  | Name ID  |  |   |  | Add<br>Cancel          |
|           | * DEPENDENTS - Up to age 26. Adult children married or unmarried and livi   | ied and living or not livi  | ng with parent qual  | ify for this coverage. If tota                         | ng or not living with parent qualify for this coverage. If totally disabled prior to age 26, attach proof of disability for eligibility review.  | ttach proof of disabilit  | y for eligibility revi                                 | ew.                    |
| U         | <b>OTHER HEALTH CARE COVERAGE:</b><br>Do you or your dependents have other health insurance under a group plan, HMO,  |   | Z TYes No  |  | MEDIC  | HIC #   | _  | OTHER<br>INSURANCE     |
|           | NAME OF PERSON COVERED  | SOCIAL SECURITY NO  | ö  | EFFECTIVE DATE   | Part A Part B  | (MEDICARE<br>ID NUMBER)   |  | CARRIER                |
|           |   |   |  |  |  |   |  |                        |
| Δ         | SIGNATURE - I have read this form and certify that all statements contained are true and correc<br>and the denial of claims plus reimbursement to the health plan of any benefit payments. I unde<br>plan. I accept the provisions on the reverse side of this form which I have read and understand.   | contained are true and c<br>any benefit payments.  <br>I have read and unders | correct to the best of<br>I understand that if r<br>stand. | f my knowledge. I underst<br>my coverage contains limi | re true and correct to the best of my knowledge. I understand any material misrepresentation will result in the cancellation of my coverage payments. I understand that if my coverage contains limitations on pre-existing conditions that these limitations will be stated in the dand understand. | itation will result in th<br>tions that these limitat                             | e cancellation of m<br>ions will be stated             | r coverage<br>n the    |
|           | RETIRE'S SIGNATURE  |   |  |  | DATE   |   |  |                        |
| 889624    | 24 08/2016 18 GEF H4454 SCS DISTRIBUTION: Original -  | : Original - Shelby County Schools  |  | Employee- Please make a copy for your records          | for your records   |   |  | (OVER)                 |

| <ul> <li>"CIGNA HealthCare" refers to various operating subsidiaries of CIGNA Corporation. Products and services are provided by these subsidiaries and not by CIGNA Corporation. To corporation. These subsidiaries include Connecticut General Life Insurance Company, Tel-Drug, Inc. and its affiliates, CIGNA Behavioral Health, Inc., Intracorp, and HMO or service company subsidiaries of CIGNA Health Corporation and CIGNA Dental Health, Inc.</li> <li>I agree, for myself and my dependents, that, in the event any health services provided are the primary responsibility of any other party by way of other group health coverage or by the act or omission of another person to fully inform the healthplan and will execute such assignments, liens or other documents which maybe necessary to enable the healthplan to recover the value of the services provided. I further agree that in the event any veho has primary responsibility for services provided by the healthplan, I will immediately reimburse the healthplan to the extent permited by state law.</li> </ul> | <b>FRAUD WARNING</b><br>It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines and denial of insurance benefits.<br><b>AUTHORIZATION TO DEDUCT CONTRIBUTIONS</b><br>I authorize deductions from my earnings of the required contributions, if any, toward the cost of the coverage. This authorization applies only if employee | contributions are required.<br><b>SPECIAL PROVISION FOR EMPLOYERS WITH SECTION 125 PLANS</b><br>By allowing an individual to enroll in the Insurance Plan other than during the open enrollment period, CIGNA HealthCare or Connecticut General Life Insurance<br>Company does not waive any terms of its contract. Further, by allowing an individual to enroll in the Insurance Plan other than during an open enrollment period,<br>CIGNA HealthCare or Connecticut General Life Insurance Company does not thereby express any opinion regarding the appropriateness of the change under<br>Section 125 of the Internal Revenue Code or the terms of the employer's Section 125 Plan. |  |
|---|--|---|--|
|---|--|---|--|



Shelby County Schools 160 South Hollywood Memphis, TN 38112



This annual enrollment guide is intended to be a summary of the benefit programs offered by Shelby County Board of Education. If you would like further details about any of the benefit offerings described herein, refer to each plan's official policy relating to that benefit.

The information in this booklet constitutes a Summary of Material Modifications (SMM) of the SCS Benefits Handbook for the noted plan changes. Effective January 1, 2022, this benefits guide, along with a copy of the Summary Plan Description (SPD) will comprise the SPD. Please retain this guide for reference.

These documents, along with all the required annual legal notices, are accessible on **www.scsk12.org**. If you have questions, please contact SCS Benefits at 901-416-5304.

Shelby County Board of Education always works to ensure information provided to employees is accurate. However, if for some reason the information in this annual enrollment guide conflicts with any information in the plan or benefits policy, the plan or policy document will govern. Shelby County Board of Education reserves the right to amend, suspend or terminate these plans at any time.

Shelby County Schools offers educational and employment opportunities without regard to race, color, religion, sex, creed, age, disability, national origin or genetic information.





