



# BENEFITS & YOU



2024





# RETIREE BENEFITS GUIDE





# **BENEFITS FOR A HEALTHY LIFE**

YOUR 2024 MSCS RETIREE BENEFIT CHOICES

# **WELCOME TO YOUR BENEFITS ENROLLMENT**

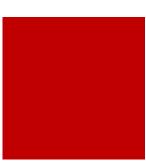
Memphis-Shelby County Board of Education is pleased to provide retirees a choice of benefits for you and your family. This guide provides information on the programs available for Pre-Age 65 ("Pre-65") and Post-Age 65 ("Post-65") retirees.

This guide provides highlights of benefits and features of the health care plans available to you as a Pre-65 or Post-65 retiree of Memphis-Shelby County Schools. Use this information to learn more about the coverage that's best for you and your family.













# Inside this guide

#### This booklet contains:

- Information for 2024 Retiree Benefits
- Benefit plan overview
- Premium rates for each benefit
- Instructions on how to make changes

#### 2023-24 ANNUAL CHANGE PERIOD:

Wednesday, November 1<sup>st</sup> – Wednesday, November 15<sup>th</sup>, 2023

# DEADLINE TO MAKE CHANGES:

Wednesday, November 15, 2023

Benefit changes made during the annual change period will take effect

January 1, 2024.

## Want to make changes in your plans?

If you elect to make changes, complete the enclosed form and return it to the Employee Benefits Department by Wednesday, November 15, 2023. You can drop off your form, e-mail, mail, or fax the information to us:

- 1. E-mail us at benefits@scsk12.org
- 2. Fax us at 901-416-6463 (keep a copy of the confirmation for your records)
- Mail the form to MSCS Employee Benefits, Room 108, Barnes Building, 160 S. Hollywood St., Memphis, TN 38112

# Highlights for 2024

- 1. During the annual change period, nothing is required if you wish to retain your current benefit elections.
- 2. There are no premium increases for 2024 for retiree medical, dental or vision coverage.
- Medical, dental and vision coverage cannot be added if you are not currently enrolled – even if you and/or a dependent lose coverage elsewhere or if coverage is canceled for any reason.
- 4. For eligible retirees, it is recommended that you periodically check the status of your beneficiary elections. You must complete the required retiree beneficiary form, and submit the forms directly to MSCS Benefits.

#### Retiree Health Screenings (Optional):

On Thursday, November 2nd, Memphis-Shelby County Schools will partner with Cigna and Medigence and will have health screenings (eye exams, AIC tests & blood pressure checks). You must RSVP to schedule a time for your free screening(s). Space is limited. RSVP by calling Medigence at 1-866-616-3044. You must bring your Cigna ID card to your screening appointment.

#### **Retiree Information Sessions (Optional):**

While you are at the Board Auditorium for your screenings on Thursday, November 2nd, you can also join us for an Information Session to learn more about your 2024 Post-65 Retiree Health Benefits (both sessions are optional).

Thursday, November 2, 2023 10:00a – 12:00p **OR** 2:00p - 4:00p Board Auditorium

### **Summary of Benefits and Coverage**

The Health section of this guide provides an overview of your medical plan options. You can find detailed information about each pre-65 medical plan in each plan's Summary of Benefits and Coverage (SBC). The SBCs summarize important information about your health coverage options in a standard format to help you compare costs and features across plans. The SBCs are available on the MSCS Benefits webpage.

# **Options for 2024:**

No changes in plans or contributions.

### Medical: Pre-65 Retirees

For 2024, you have a choice of three medical plans with a range of coverage levels and costs. This gives you the flexibility to choose what's best for your needs and budget.

- MSCS Open Access Plus (OAP) NETWORK ONLY, a preferred provider organization, network only, plan that has the
  lowest deductible, giving you the most protection from out-of-pocket expenses when you need care, but this plan has the
  highest premium contributions. (This plan is not available in the State of Texas.)
- MSCS Open Access Plus (OAP) Basic Preferred Provider Organization (PPO), a preferred provider organization plan
  that reduces your out-of-pocket responsibility when you need care by offering a lower deductible and higher premium
  contributions.
- MSCS Choice Fund Health Reimbursement Account (HRA), an employer-funded health benefit plan that reimburses
  you for out-of-pocket medical expenses offering a higher deductible and out-of-pocket maximums but this plan has the
  least amount of premium contributions.
- Important Notes:
  - Dependents of Pre-65 Retirees that are Medicare eligible, must have Medicare A&B coverage (even if the retiree is under 65 and not Medicare eligible).
  - Any Pre-65 retiree (or eligible dependent) that is enrolled in Medicare A&B must provide our office a copy of the Medicare A&B card.

## How to choose your medical plan: Pre-65 Medical plans

We'll outline a few considerations for each plan, below:

**OAPIN**: provides benefits only for in-network providers, and features copays for many services (so you'll know in advance what you'll spend out-of-pocket for these services). The out-of-pocket limit for this plan is the lowest of the three plans, but it also requires the highest contributions from you.

**OAP Basic:** provides benefits for both in network and out of network services. Most services are subject to a deductible and coinsurance rather than copays. The out-of-pocket limit for this plan is higher than the limit for the OAPIN plan, but the per month contributions for this plan are lower.

**HRA Plan**: like the OAP Basic plan this plan provides benefits for both in network and out of network services. The out-of-pocket limit for this plan is higher than either of the other two plans, but your out-of-pocket expenses are offset by the HRA contributions (See Page 5 for additional details). This plan requires the lowest contributions; see the savings illustration for details.













# Compare medical pre-65 plans

The chart below provides a comparison of key coverage features and costs.

|  | OAP IN-NETWORK PLUS                  | OAP BASIC  | CHOICE FUND<br>HRA   |
|--|--------------------------------------|--|--|
|  | In-network only                      | In-network benefits<br>shown; out of network<br>benefits are available | In-network benefits<br>shown; out of network<br>benefits are available |
|  | You Pay                              | You Pay  | You Pay  |
| Annual deductible  |                                      |  |  |
| Retiree<br>Retiree + 1<br>Family                                 | \$500<br>\$1,000<br>\$1,000          | \$1,000<br>\$2,000<br>\$4,000  | \$1,500<br>\$3,000<br>\$3,000  |
| Annual Out-of-pocket maximum*                                    |                                      |  |  |
| Retiree Retiree + 1 Family Coinsurance Annual Health Fund (HRA)  | \$3,000<br>\$9,000<br>\$9,000<br>20% | \$4,000<br>\$12,000<br>\$12,000<br>20%                                 | \$7,150<br>\$14,300<br>\$14,300<br>30%                                 |
| Annual Health Fund provided to offset your deductible            | N/A                                  | N/A  | \$500 Retiree<br>\$1,000 Retiree +1<br>\$1,000 Family                  |
| Medical coverage   |                                      |  |  |
| Doctor's office visits   | \$25 copay                           | 20%  | 30%  |
| Preventive care (mammograms, PAP test, physicals, immunizations) | 0%                                   | 0%   | 0%   |
| Specialist visits  | \$40 copay                           | 20%  | 30%  |
| Telemedicine visits  | \$25 copay                           | Copay; 20%   | Copay; 30%   |
| Outpatient surgery   | \$250 copay                          | 20%  | 30%  |
| Inpatient hospital (per stay)                                    | \$500 copay                          | 20%  | 30%  |
| Emergency room   | \$250 copay                          | \$400 copay  | 30%  |
| _abs and X-rays  | 20%                                  | 20%  | 30%  |
| Urgent Care  | \$75 copay                           | 20%  | 30%  |
| Prescription drugs (in-network benefits shown; out               | of network benefits available in C   | OAP Basic and HRA plans)   |  |
| Deductible   | N/A                                  | N/A  | N/A  |
| Generic (30-day supply)  | \$10 copay                           | \$10 copay   | \$10 copay   |
| Preferred Brand Formulary<br>(30-day supply)                     | 20%<br>(\$25 min/\$60 max)           | 20%<br>(\$25 min/\$60 max)   | 20%<br>(\$25 min/\$60 max)   |
| Non-Preferred Brand (Non-formulary) (30-day supply)              | 30%<br>(\$50 min/\$80 max)           | 30%<br>(\$50 min/\$80 max)   | 30%<br>(\$50 min/\$80 max)   |
| Mail Order (90-day supply)                                       | 3 x retail copay                     | 3 x retail copay   | 3 x retail copay   |

<sup>\*</sup>All plans have an unlimited lifetime plan maximum





#### A closer look at the HRA Plan

The Choice Fund Health Reimbursement Account (HRA) plan is available to eligible Pre-65 retirees and costs you less. This plan rewards you for taking an active role as a health care consumer and making smart decisions about your health care spending. As a result, you could pay less for your annual medical costs.

### How does the HRA work?

If you enroll in the Choice Fund HRA medical plan option, it will include a health reimbursement account (HRA), funded by Memphis-Shelby County Schools (MSCS), to help you pay for some of the costs of eligible health care expenses. The account is funded on the effective date of your coverage in the HRA plan.

Most services under the HRA plan are subject to deductible and coinsurance rather than copays. The out-of-pocket limit for this plan is higher than either of the other two plans, but your out-of-pocket expenses are offset by the HRA contribution.

This means, for example, that:

- 1. If you elect single coverage, the first \$500 of covered expenses you have are completely paid for by the plan.
- If you elect coverage for one or more dependents, the first \$1,000 of covered expenses incurred by your family would be completely paid for by the plan.
- Any balance you have in your HRA will be used to offset the HRA plan deductible; this will be done automatically during the claim processing.
- 4. While the HRA is a great benefit, keep in mind that it can't be converted to cash at any time; it can only be used to offset medical plan costs.

Remember: if you don't completely use your HRA allocation it rolls over into the next year (so what you don't use you don't lose).

# Which plan is right for me?

All the plans consider the same expenses to be eligible for reimbursement (and the HRA plan provides benefits for some types of infertility services and bariatric surgery). Each of the plans uses the same high-quality network of CIGNA providers, and the OAP Basic and Choice Fund HRA plans provide out of network benefits as well.

The plans differ in how much they pay and how much they cost in contributions. Here's how the contributions compare on a monthly basis:

| Pre-65 Medical Plan Contributions per Month |                                 |          |          |  |  |
|---|---------------------------------|----------|----------|--|--|
| Medical /<br>Rx Plan                        | n Network OAP Basic Choice Fund |          |          |  |  |
| Options:                                    | Plus                            |          |          |  |  |
| Retiree                                     | \$299.56                        | \$271.87 | \$246.27 |  |  |
| Retiree +1                                  | \$599.11                        | \$543.73 | \$492.52 |  |  |
| Family                                      | \$835.76                        | \$758.49 | \$687.07 |  |  |

# All medical plans

#### 1. Free in-network preventive care

As with all MSCS health plans, preventive care is fully covered under every plan option — you pay nothing toward your deductible and no copays as long as you receive care from in-network providers. Preventive care includes annual physicals, well-child and well- woman exams, immunizations, flu shots, and cancer screenings.

#### 2. Extensive provider network

The plan uses Cigna's large network of doctors and other health care providers.









## Medical-Post 65 Retiree Medical Plans:

This chart summarizes key features of each medical plan, prescription drug benefits are shown on the next page. **The**Medicare Surround and Medicare Advantage HMO Plans are only available to participants currently enrolled in them.

| Medicare Benefits  | Medicare Advantage<br>PPO         | Medicare Surround<br>(Supplement) | Medicare Advantage<br>HMO |
|--|-----------------------------------|-----------------------------------|---------------------------|
| Monthly cost (per person) before TCRS credits                                | \$122.00                          | \$190.03                          | \$57.00                   |
| Provider Network   | In-network and out-of-<br>network | Not applicable                    | In-network Only           |
| Plan Deductible  | \$226*                            | \$226*                            | \$0                       |
| Maximum out-of-pocket cost   | \$226*                            | Not applicable                    | \$1,500                   |
| Doctor Visits  | \$0 (deductible does not apply)   | \$0 after deductible              | \$5                       |
| Specialist Visits  | \$0 (deductible does not apply)   | \$0 after deductible              | \$10                      |
| Emergency Care   | \$0 (deductible does not apply)   | \$0 after deductible              | \$120                     |
| Urgent Care  | \$0 (deductible does not apply)   | \$0 after deductible              | \$10                      |
| Inpatient Hospital Care  | \$0 (deductible does not apply)   | \$0 after deductible              | \$0                       |
| No PCP Required  | ✓                                 | ✓                                 |                           |
| One ID card and one customer service phone number for medical and Rx**       | <b>√</b>                          |                                   | <b>~</b>                  |
| 24-hour Health Information Line**  | ✓                                 |                                   | <b>√</b>                  |
| Wellness Incentives**  | <b>√</b>                          |                                   | <b>√</b>                  |
| Retiree-focused clinical programs**  | ✓                                 |                                   | <b>√</b>                  |
| Silver&Fit fitness<br>program**  | <b>√</b>                          |                                   | ·                         |
| Home life resources and referral services**                                  | <b>√</b>                          |                                   | <b>~</b>                  |
| Home delivered meals**   | ✓                                 |                                   | ✓                         |
| Caregiver support**  | ✓                                 |                                   |                           |
| Hearing aids**   | ✓                                 |                                   |                           |
| Transportation services**  | ✓                                 |                                   |                           |
| \$0 Rx copay for select preventative drugs and diabetic drugs and supplies** | <b>√</b>                          |                                   |                           |

<sup>\*\$226</sup> was the 2023 deductible amount; the 2024 deductible amount has not been announced yet.

Note: the Medicare Advantage PPO and Medicare Advantage HMO plans feature a single identification card. The Medicare Surround plan will require separate medical and pharmacy identification cards.

<sup>\*\*</sup>Subject to the plan requirements and limitations. Restrictions may apply.



# Medical-Post 65 Retirees Prescription Drug Plan

Each of our medical benefit plans will include the prescription drug benefits shown below. The prescription drug benefits are the same across all plans with one exception: the Medicare Advantage PPO plan includes a \$0 copay benefit for certain preventive medications and diabetic medications and supplies. These \$0 copay drugs under the Medicare Advantage PPO plan would include drugs such as Metformin, Atorvastatin, Albuterol HFA, Clopidogrel, and many insulins.

| Deductible for prescriptions      | \$0  |                               |  |
|-----------------------------------|--|-------------------------------|--|
| Coverage limit and coverage gap   | Same for all three medical plans                                 |                               |  |
| List of eligible drugs            | Same for Medicare Surround Pl                                    | OP & Medicare Advantage PPO   |  |
| Retail / Mail                     | Retail (30 day supply)   | Home delivery (90 day supply) |  |
| Tier 1 preferred generics         | \$10   | \$20                          |  |
| Tier 2 preferred brand            | \$25 \$50  |                               |  |
| Tier 3 non-preferred brand and    | \$50 \$100   |                               |  |
| generic                           |  |                               |  |
| Tier 4 specialty                  | \$50 n/a   |                               |  |
| Select preventive medications and | \$0 under Medicare Advantage PPO \$0 under Medicare Advantage    |                               |  |
| select diabetic medications and   | (copays apply under Surround and (copays apply under Surround an |                               |  |
| supplies                          | Advantage HMO plans)   | Advantage HMO plans)          |  |

# Medical-Post 65 Retirees Monthly Costs for 2024

All plans cover medical benefits and prescription drug benefits as noted above.

| Medicare Surround<br>Monthly Cost | Classified or<br>Certificated with less<br>than 15 years of<br>TCRS service | Certificated 15-19<br>years of TCRS<br>service | Certificated 20–29<br>years of TCRS<br>service | Certificated 30+<br>years of TCRS<br>service |
|-----------------------------------|---|--|--|--|
| Retiree only                      | \$190.02  | \$165.02                                       | \$152.52                                       | \$140.02                                     |
| Retiree +1                        | \$380.05  | \$355.05                                       | \$342.55                                       | \$330.05                                     |
| Family                            | \$570.07  | \$545.07                                       | \$532.57                                       | \$520.07                                     |

| Medicare<br>Advantage HMO<br>Monthly Cost | Classified or<br>Certificated with less<br>than 15 years of<br>TCRS service | Certificated 15-19<br>years of TCRS<br>service | Certificated 20 – 29<br>years of TCRS<br>service | Certificated 30+<br>years of TCRS<br>service |
|---|---|--|--|--|
| Retiree only                              | \$57.00   | \$32.00  | \$19.50  | \$7.00                                       |
| Retiree +1                                | \$114.00  | \$89.00  | \$76.50  | \$64.00                                      |
| Family                                    | \$171.00  | \$146.00                                       | \$133.50   | \$121.00                                     |

| Medicare<br>Advantage PPO<br>Monthly Cost | Classified or<br>Certificated with less<br>than 15 years of<br>TCRS service | Certificated 15-19<br>years of TCRS<br>service | Certificated 20 – 29<br>years of TCRS<br>service | Certificated 30+<br>years of TCRS<br>service |
|---|---|--|--|--|
| Retiree only                              | \$122.00  | \$97.00  | \$84.50  | \$72.00                                      |
| Retiree +1                                | \$244.00  | \$219.00                                       | \$206.50   | \$194.00                                     |
| Family                                    | \$366.00  | \$341.00                                       | \$328.50   | \$316.00                                     |

If your dependents are not Medicare-eligible, rates and plans may differ for dependent coverage. Please contact the MSCS Benefits Office for more information. The Medicare Surround and Medicare Advantage HMO Plans are only available to participants currently enrolled in them.





#### Focus on wellness

MSCS is committed to helping you feel your best and live well. We offer benefits and programs that support your total health and make it easier to pursue your wellness goals.

### **Medical Post-65 Retirees**

None of us can predict the future, but we all have a general idea about our own health and the health of our family members. We'll outline a few considerations for each plan, below:

**Medicare Advantage PPO**: This plan offers a lower cost and an expanded prescription benefit. If your doctor does not currently accept the plan, call Customer Service at the phone number below. Cigna will reach out to the doctor on your behalf to explain how the plan works. In most cases, this will resolve the issue.

The Medicare Advantage PPO is a great choice for you if:

- Your medical providers are in the CIGNA network (you can ask your provider if they participate in the CIGNA Medicare Advantage PPO network, or look up your provider at
  - www.CIGNAMedicare.com/group/MAresources.com)
    OR
- Your medical provider will agree to bill CIGNA for their services (ask your provider) OR
- You take the preventive medications or the diabetic medications that the Advantage PPO plan covers for free (check for these drugs at

www.cignaMedicare.com/group/MAresources.com

What if my provider does NOT agree to bill CIGNA for my services? Call CIGNA customer service: they may be able to help. They can be reached at 888-281-7867 or by e-mail at <a href="mailto:letushelpyou@cigna.com">letushelpyou@cigna.com</a>

If you and/or your dependent become Medicare eligible and would like to continue your benefits with Memphis-Shelby County Schools, it is <u>required</u> that you and/or your dependents:

- Enroll in Medicare Parts A&B
- Provide a copy of your Medicare card to Benefits
- Complete the enclosed healthcare enrollment form

**Please note:** Members currently enrolled in Medicare Surround or Medicare Advantage HMO, can continue to participate in these plans. However, the Medicare Advantage PPO Plan is the only plan currently available for Post-65 or Medicare eligible participants.

If you are currently participating in Medicare Surround or Medicare Advantage HMO Plan, and you choose to cancel, you will not have another opportunity to enroll back into these plans.

#### Active & Fit - Silver & Fit

As a Cigna customer, you have access to the Active & Fit Direct Program (Pre-65 & Medicare Surround plans) or the Silver & Fit Direct Program (Medicare Advantage plan), which offers huge discounts on fitness center memberships to over 8,000 fitness centers nationwide. To learn more, visit <a href="https://www.ActiveandFitDirect.com/fitness/Cigna">www.SilverandFit.com</a>











# Dental (Pre & Post 65)

Healthy teeth and gums are important to your overall wellness. That's why it's important to have regular dental checkups and maintain good oral hygiene. Learn about the MSCS dental plan available to help you maintain your oral health.

|  | Cigna DPPO<br>\$1,500 Plan |                          |
|--|----------------------------|--------------------------|
|  | Network                    | Out-of-Network           |
| Annual deductible (employee only/family) | \$50/\$150                 | \$100/\$300              |
| Calendar-year maximum                    | \$1,500                    | \$1,500                  |
| Preventive/diagnostic services           | 0%                         | 0%                       |
| Basic services                           | 20%                        | 20%                      |
| Major services                           | 50%                        | 50%                      |
| Orthodontia                              | 50%                        | 50%                      |
| (Adults not covered)                     | \$1,500 Lifetime maximum   | \$1,500 Lifetime maximum |

# Vision (Pre & Post 65)

Having vision coverage allows you to save money on eligible eye care expenses, such as periodic eye exams, eyeglasses, contact lenses, and more for you and your covered dependents.

| Cigna Vision                          | Network   | Out-of-Network  |
|---------------------------------------|---|---|
| Exam (once every 12 months)           | \$10 copay  | Up to \$30 allowance  |
| Lenses (once every 12 months)         | \$20 copay  | Up to \$25-\$60 allowance   |
| Frames (once every 24 months)         | \$130 allowance plus 20% discount on amount exceeding frame allowance | Up to \$30 allowance  |
| Contact lenses (once every 12 months) | Covered at 100% (medically necessary) \$150 allowance (elective)      | Up to \$225 allowance (medically necessary) Up to \$75 allowance (elective) |

# 2024 Monthly Dental and Vision premiums (Pre & Post 65)

| Dental Plan - DPPO - \$1,500 | Monthly Premium |
|------------------------------|-----------------|
| Retiree Only                 | \$25.79         |
| Retiree + 1                  | \$54.17         |
| Family                       | \$77.38         |

| Vision Plan  | Monthly Premium |
|--------------|-----------------|
| Retiree Only | \$5.10          |
| Retiree + 1  | \$9.77          |
| Family       | \$15.84         |

Please Note: Voluntary dental and vision plan options are only available to retirees currently enrolled.

Medical, dental and vision coverage cannot be added if you are not currently enrolled – even if you and/or a dependent lose coverage elsewhere or if coverage is canceled for any reason.

# **IMPORTANT INFORMATION**

After you've carefully considered your benefit options and anticipated needs for 2024, please review a few important reminders. Follow the instructions to make changes to your retiree health benefits for 2024.

#### **Eligibility**

You are eligible for Memphis-Shelby County Schools benefit programs if you meet specific qualifications to continue coverage at retirement. If you have questions, please contact the Employee Benefits Department at benefits@scsk12.org or 901-416-5304 (Option 1). (Please note: You cannot be covered as both a retiree and as a dependent under any MSCS plans.)

#### When you become Medicare eligible

If you and/or your dependent become Medicare eligible and would like to continue your benefits with Memphis-Shelby County Schools, it is <u>required</u> that you and/or your dependents:

- Enroll in Medicare Parts A&B
- Provide a copy of your Medicare card to Benefits
- Complete the enclosed healthcare enrollment form

Medicare open enrollment for part A & B begins in October. If you have any questions regarding Medicare, you should contact Social Security Administration at 1-800-MEDICARE or <a href="https://www.medicare.gov">www.medicare.gov</a>

# How do I make changes to my retiree benefits?

Please complete the Healthcare Change form located in the back of this booklet and return the form, via mail, email, fax or in-person:

#### **MSCS Benefits Office**

160 S. Hollywood, Barnes Building, Rm 108 Memphis, TN 38112

901-416-5304 (phone) 901-416-6463 (fax)

benefits@scsk12.org (email)

Please note, it is the retirees responsibility to notify MSCS Benefits directly if you experience an event that could impact your health coverage and deductions (eg. death, overage dependent, medicare enrollment, etc.)

# How do I update my Retiree Basic Life Insurance beneficiary information?

For eligible retirees, it is recommended that you periodically check the status of your beneficiary elections. You must complete the required retiree beneficiary form, and submit the forms directly to MSCS Benefits.

#### Do I have to re-enroll in my retiree benefits?

Nothing is required if you wish to retain your current benefits elections. You do not have to re-enroll in medical, dental or vision coverage. Your current plans will remain in place for 2024. During this annual change period, you cannot add coverage-you can only change medical plans or cancel coverage.

#### Should I cancel my retiree coverage?

You can cancel medical, dental, vision, or basic life insurance coverage at any time. Billing will be adjusted according to the receipt of the written request for cancellation.

Please keep in mind, should you cancel medical, dental, vision or basic life insurance benefits for yourself and/or a dependent you will NOT be allowed to reinstate coverage at any time.

Note: You will not have another opportunity to enroll - even if you and/or a dependent lose coverage elsewhere or if coverage is cancelled for any reason.

If you are currently participating in the Medicare Surround or Medicare Advantage HMO Plan, and you choose to cancel, you will not have another opportunity to enroll back into these plans. The Medicare Surround and Medicare Advantage HMO Plans are only available to participants currently enrolled in them.

#### How do I pay for my benefits?

Your premiums for medical, dental, vision, and/or basic life insurance will continue to be deducted from your TCRS pension check.

If you have any questions or need to make any updates including cancellations, address changes, etc. submit your request in writing to Memphis-Shelby County Schools, Barnes Building, 160 S. Hollywood Street, Room 108, Memphis, TN 38112.

#### **Important Note:**

If you are a new retiree and have not received your first TCRS retirement check, you must submit your health insurance payments directly to MSCS to prevent cancellation.



#### Contacts

Please contact the appropriate provider listed below to learn more about a specific benefit plan.

| Plan  | Who to Call                      | Web Address     | Phone Number  |
|---|----------------------------------|-----------------|---|
| Medical   | Cigna                            | www.mycigna.com | Annual Enrollment Questions:  |
| Dental  | Cigna                            | www.mycigna.com | 1-800-401-4041  |
| Vision  | Cigna                            | www.mycigna.com | On-going Customer Service: 1-800-736-7568 Prescriptions/Medicare PDP 1-800-558-9562 (Medicare Surround) 1-888-281-7867 (Medicare Advantage) |
| Basic Life Insurance  | Memphis-Shelby<br>County Schools | www.scsk12.org  | Customer Service: Basic Life Insurance 1-901-416-5304 (option 1)  |
| MSCS Benefits Office<br>160 S. Hollywood, Rm<br>Memphis, TN 38112 |                                  | www.scsk12.org  | 901-416-5304, option 1<br>901-416-6463 (fax)  |

# Common insurance terms & definitions

**ASO (Administrative Services Only**) – An arrangement in which an employer hires a third party to deliver administrative services to the employer such as claims processing and billing; the employer bears the risk for claims. This is common in self-insured health care plans.

Coinsurance - A form of medical cost sharing in a health insurance plan that requires an insured person to pay a stated percentage of medical expenses after the deductible amount, if any, was paid. Once any deductible amount and coinsurance are paid, the insurer is responsible for the rest of the reimbursement for covered benefits up to allowed charges: the individual could also be responsible for any charges in excess of what the insurer determines to be "usual, customary and reasonable". Coinsurance rates may differ if services are received from an approved provider (i.e., a provider with whom the insurer has a contract or an agreement specifying payment levels and other contract requirements) or if received by providers not on the approved list. In addition to overall coinsurance rates, rates may also differ for different types of services.

**Copayment** - A form of medical cost sharing in a health insurance plan that requires an insured person to pay a fixed dollar amount when a medical service is received. The insurer is responsible for the rest of the reimbursement. There may be separate copayments for different services. Some plans require that a deductible first be met for some specific services before a copayment applies.

**Deductible** - A fixed dollar amount during the benefit period - usually a year - that an insured person pays before the insurer starts to make payments for covered medical services. Plans may have both per individual and family deductibles. Some plans may have separate deductibles for specific services. For example, a plan may have a hospitalization deductible per admission. Deductibles may differ if services are received from an approved provider or if received from providers not on the approved list.

**Preferred provider organization (PPO) plan** - An indemnity plan where coverage is provided to participants through a network of selected health care providers (such as hospitals and physicians). The enrollees may go outside the network but would incur larger costs in the form of higher deductibles, higher coinsurance rates, or non-discounted charges from the providers.

**Maximum out-of-pocket expense** - The maximum dollar amount a group member is required to pay out of pocket during a year. Until this maximum is met, the plan and group member shares in the cost of covered expenses. After the maximum is reached, the insurance carrier pays all covered expenses, often up to a lifetime maximum.

**Primary care physician (PCP)** - A physician who serves as a group member's primary contact within the health plan. In a managed care plan, the primary care physician provides basic medical services, coordinates and, if required by the plan, authorizes referrals to specialists and hospitals.

**Self-insured plan** – A plan offered by employers who directly assume the major cost of health insurance for their employees. Some self-insured plans bear the entire risk. Other self-insured employers insure against large claims by purchasing stop-loss coverage. Some self-insured employers contract with insurance carriers or third-party administrators for claims processing and other administrative services; other self-insured plans are self-administered.

#### **BOARD OF EDUCATION**

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This annual enrollment guide is intended to be a summary of the benefit programs offered by Memphis-Shelby County Board of Education. If you would like additional details about any of the benefit offerings described herein, please refer to each plan's official policy relating to that benefit.

The information in this booklet constitutes a Summary of Materials Modifications (SMM) of the MSCS Benefits Handbook for the noted plan changes. Effective January 1, 2024, this benefit guide, along with a copy of the Summary Plan Description (SPD) will comprise the SPD. Please retain this guide for reference.

These documents, along with the required annual legal notices, are accessible on <u>www.scsk12.org</u>. If you have questions, please contact MSCS Benefits at 901-416-5304 (option 1).

Memphis-Shelby County Board of Education always works to ensure information provided to employees is accurate. However, if for some reason the information in this annal enrollment guide conflicts with any information in the plan or benefits policy, the plan or policy document will govern. Memphis-Shelby County Board of Education reserves the right to amend, suspend, or terminate these plans at any time.

Memphis-Shelby County Schools offers education and employment opportunities without regard of race, color, religion, sex, creed, age, disability, natural origin, or genetic information.







#### MEMPHIS SHELBY COUNTY SCHOOLS

# New Retiree Health Care Plan



Administered by Connecticut General Life Insurance Company Cigna HealthCare of Tennessee, Inc.



Enrollment/Change Form (Please complete this form in its entirety)

| Α                       | ☐ NEW RETIREE  | EFFECTIVE DATE OF ADD/CHANGE/<br>CANCELLATION (MM/DD/CCYY) | MSCS PLAN GRO       |   | UNT NO. BRANCH CODE                        | MEDICAL   | COVERAGE   | TIER          |                              |                     |            |  |
|-------------------------|--|--|---------------------|---|--|---|--|---------------|------------------------------|---------------------|------------|--|
|                         | ☐ ENROLL CHANGE PERIOD   |  |                     | 32114                                   | 84   | RETIREI   |  | RETIRE        | + ONE                        | RETIREE -           | + FAMILY   |  |
|                         | EMPLOYER NAME EMPLOYER ADDRESS   |  |                     |   |  |   | MEDICAL  |               |                              |                     |            |  |
|                         | MEMPHIS SHELBY COUNTY SCHOOLS 160 S. HOLLYWOOD, MEMPHIS, TN 38112  |  |                     |   |  |   | TIREE (und   | ler age 65    | )                            |                     |            |  |
|                         | TYPE OF CHANGE:  |  |                     |   |  |   | OAP IN-Network Plus OAP Basic Choice Fund HRA                      |               |                              |                     |            |  |
|                         |  |  |                     |   |  |   | POST-65 RETIREE or Medicare eligible (over age 65)                 |               |                              |                     |            |  |
|                         | ☐ Cancel Dependent(s)* ☐ Change to Single ☐ Other  |  |                     |   |  | MEDICARE ADVANTAGE COVERAGE () PPO  |  |               |                              |                     |            |  |
|                         |  |  |                     |   |  |   | DENTAL COVERAGE TIER (MUST HAVE MEDICAL COVERAGE)                  |               |                              |                     |            |  |
|                         | Cancel Coverage* Change to Retiree + One Dependent   |  |                     |   |  |   | RETIREE ONLY RETIREE + ONE RETIREE + FAMILY DPPO 1500 WAIVE DENTAL |               |                              |                     |            |  |
|                         |  |  |                     |   |  | VISION C  | OVERAGE T  | IER (MUS      | THAVE ME                     | DICAL COVE          | RAGE)      |  |
|                         | * List Names in Section B  |  |                     |   |  | ☐ RETIREE ONLY ☐ RETIREE + ONE ☐ RETIREE + FAMILY ☐ VISION ☐ WAIVE VISION |  |               |                              |                     |            |  |
|                         |  |  |                     |   |  |   |  |               |                              |                     |            |  |
| В                       | RETIREE NAME (Last)  | (M.I.) SOCIAL SECURITY NO.                                 |                     |   |  |   |  |               |                              |                     |            |  |
|                         | DATE OF BIRTH (MM/DD/CCYY) GEN   | IDER HOME PHONE  | WORK PHO            | ONE                                     | E-MAIL ADDRESS                             |   | I DDIMARY C  | ADE DUVEICIAN | I NIAME   DE                 | DIMADV CADE DUVSI   | CIANID     |  |
|                         | DATE OF BIRTH (MM/DD/CCYY) GENDER HOME PHONE WORK PHONE E-MAIL ADDRESS   |  |                     |   |  | PRIMARY CARE PHYSICIAN NAME PRIMARY CARE PHYSICIAN ID                     |  |               |                              |                     |            |  |
| ADDRESS (Street) (City) |  |  |                     |   |  |   |  |               | (State)                      | (Zip Code)          |            |  |
|                         |  |  |                     |   |  |   |  |               |                              |                     |            |  |
| R                       | DEPENDENT INFORMATION  |  |                     | DEPENDENT SOCIAL DEPENDENT PRIMARY CARE |  | DATE OF<br>BIRTH  |  | GENDER        | DEPENDENT                    |                     | (check     |  |
| T                       | Last Name  | First Name M.I.  |                     | SECURITY NO.                            | PHYSICIAN                                  | ММ  | DD CCYY  |               | COVERAGES                    | Yes No              | one)       |  |
| R                       | Spouse   |  |                     |   | Name                                       |   |  | □M<br>  □F    | Medical<br>Dental            |                     | Add Cancel |  |
| ΕΊ                      | Dependent *  |  | Relationship        |   | ID   |   | 11   |               | Vision<br>Medical            |                     | Add        |  |
|                         |  |  |                     |   | ID   |   | 1 1  | □F            | Dental<br>Vision             |                     | Cancel     |  |
| Ì                       | Dependent * Relationship   |  |                     |   | Name                                       |   |  | ПМ            | Medical<br>Dental            |                     | Add        |  |
|                         | ***************************************  |  |                     |   | ID   |   |  | □F            | Vision                       |                     | Cancel     |  |
|                         | * DEPENDENTS - Up to age 26. Adult children married or unmarried and living or not living with parent qualify for this coverage. If totally disabled prior to age 26, attach proof of disability for eligibility review.   |  |                     |   |  |   |  |               |                              |                     |            |  |
| С                       | OTHER HEALTH CARE COVERAGE  Do you or your dependents have other   | er health insurance under a group plan                     | n, HMO, or Medicare | ? Yes N                                 | <ul> <li>If yes, please provide</li> </ul> | de the following:   |  |               |                              |                     | OTHER      |  |
|                         | NAME OF PERSON COVERED   | 5  | SOCIAL SECURITY N   |   | EFFECTIVE DATE                             | _   | MEDICARE<br>Part A Part  | В (М          | HIC #<br>IEDICARE<br>NUMBER) | MEDICAID            | CARRIER    |  |
|                         |  |  |                     |   |  |   |  |               | HOMBER)                      |                     |            |  |
|                         |  |  |                     |   |  |   |  |               |                              |                     |            |  |
| D                       | SIGNATURE - I have read this form and certify that all statements contained are true and correct to the best of my knowledge. I understand any material misrepresentation will result in the cancellation of my coverage and the denial of claims plus reimbursement to the health plan of any benefit payments. I understand that if my coverage contains limitations on pre-existing conditions that these limitations will be stated in the |  |                     |   |  |   |  |               |                              |                     |            |  |
|                         | and the demarci claims plus reimb  | ursement to the health plan of any b                       | benefit payments.   | i uniderstand that I                    | i my coverage contains                     | s initiations on  | pre-existing co  | naitions that | . triese ilitilitat          | ions will be stated | a in the   |  |
|                         |  | reverse side of this form which I have                     | ve read and unders  | stand.                                  |  |   |  |               |                              |                     |            |  |
|                         | RETIREE'S SIGNATURE  | reverse side of this form which I have                     | ve read and unders  | stand.                                  |  | Г   | ATE  |               |                              |                     |            |  |

#### **PROVISIONS**

- "CIGNA HealthCare" refers to various operating subsidiaries of CIGNA Corporation. Products and services are provided by these subsidiaries and not by CIGNA Corporation. These subsidiaries include Connecticut General Life Insurance Company, Tel-Drug, Inc. and its affiliates, CIGNA Behavioral Health, Inc., Intracorp, and HMO or service company subsidiaries of CIGNA Health Corporation and CIGNA Dental Health, Inc.
- I agree, for myself and my dependents, that, in the event any health services provided are the primary responsibility of any other party by way of other group health coverage or by the act or omission of another person to fully inform the healthplan and will execute such assignments, liens or other documents which maybe necessary to enable the healthplan to recover the value of the services provided. I further agree that in the event I or any of my dependents collect benefits or damages from any other party who has primary responsibility for services provided by the healthplan, I will immediately reimburse the healthplan to the extent of services provided, to the extent permitted by state law.

#### FRAUD WARNING

It is a crime to knowingly provide false, incomplete or misleading information to an insurance company for the purpose of defrauding the company. Penalties include imprisonment, fines and denial of insurance benefits.

#### **AUTHORIZATION TO DEDUCT CONTRIBUTIONS**

I authorize deductions from my earnings of the required contributions, if any, toward the cost of the coverage. This authorization applies only if employee contributions are required.

#### SPECIAL PROVISION FOR EMPLOYERS WITH SECTION 125 PLANS

By allowing an individual to enroll in the Insurance Plan other than during the open enrollment period, CIGNA HealthCare or Connecticut General Life Insurance Company does not waive any terms of its contract. Further, by allowing an individual to enroll in the Insurance Plan other than during an open enrollment period, CIGNA HealthCare or Connecticut General Life Insurance Company does not thereby express any opinion regarding the appropriateness of the change under Section 125 of the Internal Revenue Code or the terms of the employer's Section 125 Plan.