



Dear Fellow Tennesseans,

Tennessee's Department of Children's Services is aware that children and families across the state may need additional support during this unprecedented and challenging time. As always, our priority is ensuring the safety, permanency and well-being of children by building strong, healthy and empowered families. You can help us achieve this goal by looking out for the children and families in your community. If you identify a family that may need assistance, reach out with a helping hand to link them to important resources found in this guide. By taking care of the children in our communities, together we can make a difference.

Sincerely,

Commissioner Jennifer Nichols

<b>General Support</b>	<a href="#">TN Community Services Help Line</a> - Call 2-1-1 <a href="#">TN Family Resource Centers</a> <a href="#">kidcentral tn</a> <a href="#">Aunt Bertha</a> - Search for free or reduced cost services like medical care, food, job training, and more.
<b>Financial &amp; Other Assistance</b>	<a href="#">DHS Emergency Cash Assistance</a> <a href="#">Families First, the state's Temporary Assistance for Needy Families (TANF)</a>
<b>Food &amp; Nutrition</b>	<a href="#">TN Emergency Food Assistance Program (TEFAP)</a> <a href="#">School Meal Location Finder</a> <a href="#">Supplemental Nutrition Assistance Program (SNAP)</a> <a href="#">Tennessee Women, Infants, and Children (WIC) Program</a>
<b>Housing</b>	<a href="#">TN Housing Development Agency Programs</a>
<b>Crisis Support</b>	<a href="#">Domestic Violence Helpline: 1-800-356-6767</a> <a href="#">Tennessee Domestic Violence Help and Programs</a> <a href="#">Prevent Child Abuse Tennessee</a> <a href="#">Children's Advocacy Centers of Tennessee</a>
<b>Substance Abuse</b>	<a href="#">TN Substance Abuse Services</a> If you need a referral to substance use disorder treatment or other resources, call or text the TN RED-LINE: 800-889-9789
<b>Mental Health</b>	If you are experiencing a mental health emergency, call now. Help is available 24 hours a day, 7 days a week. Call 855-CRISIS-1 (855-274-7471) or Text "TN" to 741-741. <a href="#">TN Mental Health Services</a> <a href="#">Mobile Mental Health Crisis Services</a>
<b>Child Care &amp; Education</b>	<a href="#">Free Child Care for Essential Workers</a> <a href="#">Child Care Payment Assistance</a> <a href="#">Resources for Parents of School-Aged Children</a>
<b>ACEs</b>	<a href="#">Adverse Childhood Experiences</a> <a href="#">Roots of Resiliency with Vanderbilt Center of Excellence</a>
<b>Community Support</b>	<a href="#">DCS Resource Linkage Coordinators</a> <a href="#">TN DCS Relative Caregiver Program</a>
<b>COVID-19</b>	<a href="#">Tennessee COVID-19 Resources and Information</a> <a href="#">DCS-Specific Guidance on COVID-19</a>