



Shelby County Schools - Nutrition Services

January 2019 Pre-K Breakfast Menu

Serving Period: BREAKFAST

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|--|
| -7- BLUEBERRY PANCAKES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -8- BLUEBERRY MUFFIN HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -9- YOGURT & GRANOLA HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -10- PORK SAUSAGE BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -11- SAUSAGE BREAKFAST BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK |
| -14- BREAKFAST WRAP HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -15- CHICKEN BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -16- SAUSAGE BREAKFAST BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -17- TURKEY BACON BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -18- WG ORIGINAL BREAKFAST BITES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK |
| -21- MLK DAY  | -22- BLUEBERRY MUFFIN HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -23- STUFFED BREAKFAST CROISSANT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -24- FRENCH TOAST STICKS HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -25- SAUSAGE BREAKFAST BAGEL HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK |
| -28- TURKEY HAM & CHEESE SANDWICH HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -29- CHICKEN BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -30- YOGURT & GRANOLA HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -31- PORK SAUSAGE BISCUIT HONEY NUT O'S OR CRISPY RICE CEREAL/GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK | -1- WG ORIGINAL BREAKFAST BITES HONEY NUT O'S OR CRISPY RICE CEREAL GRAHAM CRACKERS ASSORTED FRESH FRUIT 100% FRUIT JUICE, VARIETY 1% MILK OR SKIM MILK |
|  | | | | |

MILK – STUDENTS HAVE A CHOICE OF SKIM OR 1%.

MENUS ARE SUBJECT TO CHANGE

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