










# Shelby County Schools - Division of Nutrition Services

## March 2017 Secondary Lunch Menu 9-12

**Serving Period: SECONDARY LUNCH**

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>-1- OVEN FRIED CHICKEN DELUXE VEGETARIAN SANDWICH W/PRETZELS GRILLED CHICKEN SALAD W/WHEAT CRACKERS GREAT NORTHERN BEANS STEAMED CABBAGE/WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-2- FIESTA CHILI W/GARLIC TEXAS TOAST GRILLED CHICKEN SANDWICH W/TRIMMINGS CHEF SALAD W/WHEAT CRACKERS ROMAINE GARDEN SALAD SEASONED BAKED POTATO CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-3- ITALIAN SPAGHETTI FISH STRIPS VEGGIE PITA W/HUMMUS &amp; PRETZELS CARROT COINS STEAMED SPINACH CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-6- CHICKEN &amp; WAFFLES 3 CHEESE BREAD W/MARINARA YOGURT BLAST CARROT COINS ROASTED RED POTATOES CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-7- ROASTED CHICKEN W/MAC N CHEESE AND CRANBERRY SAUCE HOT DOG SOY BUTTER &amp; JELLY JAMMERZ FRESH TURNIP GREENS BLACK EYED PEAS/ WHEAT ROLL CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-8- LEMONGRASS CHICKEN VEGETARIAN SALAD COMBO BBQ MEATBALL SUB TURKEY HAM DELI SANDWICH STIR FRIED VEGETABLES BROWN RICE/GREEN BEANS CHILLED MANDARIN ORANGES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-9- HAMBURGER/CHEESEBURGER/VEGGIE BURGER POPCORN CHICKEN SALAD W/WHEAT CRACKERS CHICKEN ALFREDO ROMAINE GARDEN SALAD WHOLE KERNEL CORN/ WHEAT ROLL FRESH GRAPES CHILLED STRAWBERRY CUP ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-10- CRUNCHY BEEF TACOS W/RICE VEGETARIAN NACHOS TUNA SALAD &amp; CRACKERS PINTO BEANS STEAMED BROCCOLI W/CHEESE CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-13- <b>SPRING BREAK STUDENT HOLIDAY</b></p> 	<p>-14- <b>SPRING BREAK STUDENT HOLIDAY</b></p> 	<p>-15- <b>SPRING BREAK STUDENT HOLIDAY</b></p> 	<p>-16- <b>SPRING BREAK STUDENT HOLIDAY</b></p> 	<p>-17- <b>SPRING BREAK STUDENT HOLIDAY</b></p> 
<p>-20- CORN DOG NUGGETS SUPERVISOR'S CHOICE ENTRÉE GRILLED CHEESE SANDWICH W/PRETZELS SUNFLOWER SEEDS GREEN BEANS/CARROT COINS CHILLED PEACHES &amp; FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-21- CHICKEN &amp; MACARONI CASSEROLE W/WHEAT ROLL CHEESE PIZZA CHEF SALAD W/WHEAT CRACKERS PINTO BEANS/WHOLE KERNEL CORN CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-22- OVEN FRIED CHICKEN DELUXE VEGETARIAN SANDWICH W/PRETZELS GRILLED CHICKEN SALAD W/WHEAT CRACKERS SWEET POTATOES &amp; APPLES STEAMED CABBAGE/WHEAT ROLL CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-23- LASAGNA W/MARINARA OR MEAT SAUCE BBQ CHICKEN SANDWICH CHEF SALAD W/ WHEAT CRACKERS SEASONED BAKED POTATO ROMAINE GARDEN SALAD/TEXAS TOAST CHILLED FRUIT COCKTAIL ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-24- ITALIAN SPAGHETTI FISH STRIPS VEGGIE PITA W/HUMMUS &amp; PRETZELS CARROT COINS STEAMED SPINACH CHILLED PEARS ASSORTED FRESH FRUIT MILK, VARIETY</p>
<p>-27- CHICKEN &amp; WAFFLES 3 CHEESE BREAD W/MARINARA YOGURT BLAST CARROT COINS ROASTED RED POTATOES CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-28- ROASTED CHICKEN HOT DOG SOY BUTTER &amp; JELLY JAMMERZ FRESH TURNIP GREENS CALIFORNIA BLEND VEGETABLES WHEAT ROLL CHILLED PEACHES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-29- ORANGE CHICKEN/LEMONGRASS CHICKEN VEGETARIAN SALAD COMBO TURKEY HAM DELI SANDWICH STIR FRIED VEGETABLES BROWN RICE/GREEN BEANS CHILLED MANDARIN ORANGES ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-30- HAMBURGER/CHEESEBURGER/VEGGIE BURGER POPCORN CHICKEN SALAD W/WHEAT CRACKERS CHICKEN ALFREDO ROMAINE GARDEN SALAD/ WHEAT ROLL CRINKLE CUT POTATOES FRESH GRAPES CHILLED APPLESAUCE ASSORTED FRESH FRUIT MILK, VARIETY</p>	<p>-31- CRUNCHY BEEF TACOS W/RICE VEGETARIAN NACHOS BBQ NACHOS PINTO BEANS STEAMED BROCCOLI W/CHEESE CHILLED PINEAPPLE ASSORTED FRESH FRUIT MILK, VARIETY</p>

MILK – STUDENTS HAVE A CHOICE OF SKIM, 1%, OR CHOCOLATE MILK. OTHER FLAVORED MILKS ARE ONLY OFFERED DURING LUNCH.

*\*MENUS ARE SUBJECT TO CHANGE\**

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