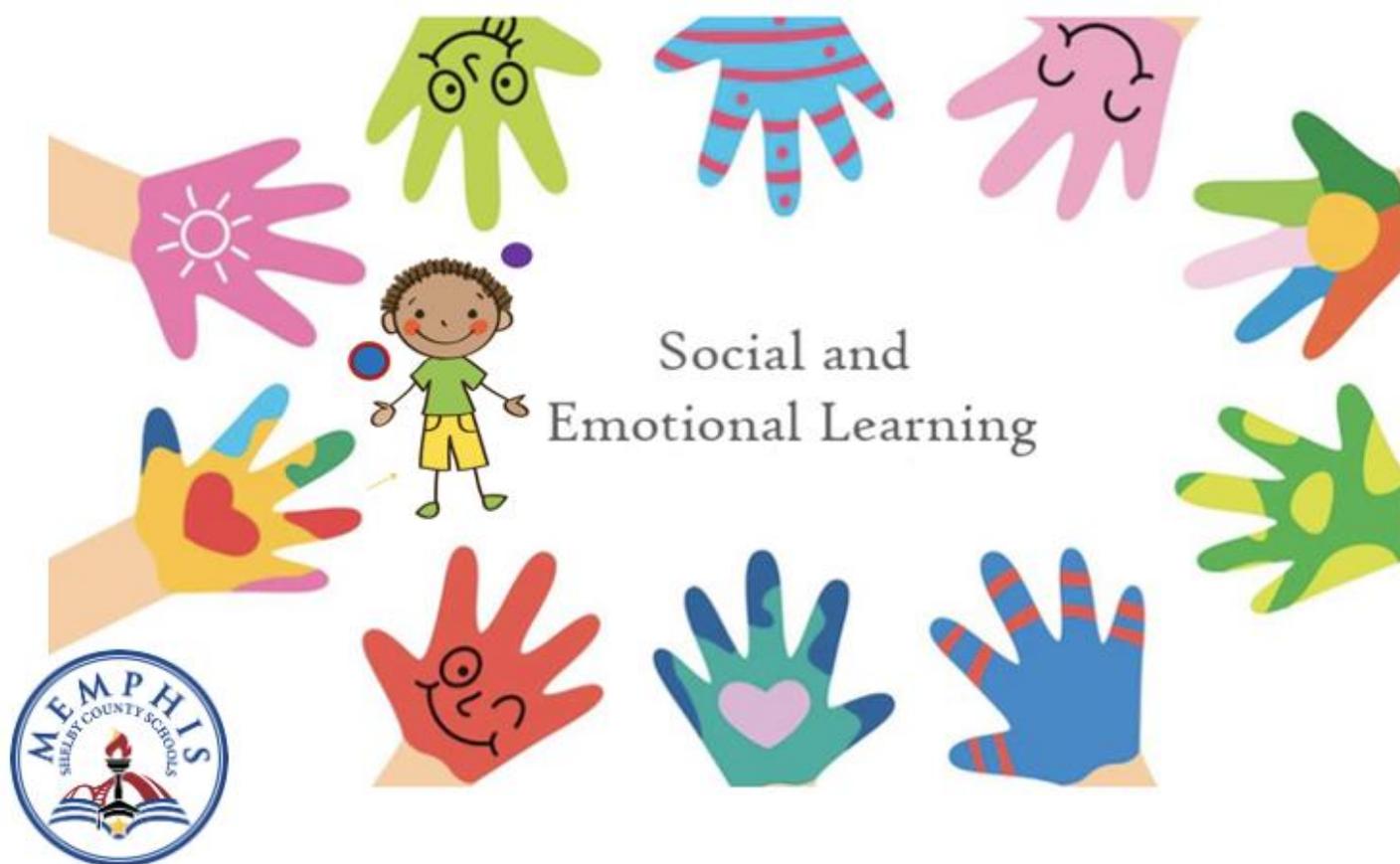


**MSCS celebrates Social Emotional Learning
“I Make the Difference”**

SELweek!



March 4 – March 8, 2024

Social Emotional Learning Matters

SEL Week 2024 Toolkit

What is Social Emotional Learning?

Social-emotional learning (SEL) is an integral part of education and human development. SEL is the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions. **(CASEL's updated 2020 definition of SEL)**

Vision for Student Success

We believe all students deserve access to equitable supports which build their emotional, social, cognitive development using research-based strategies which promote the needs of the whole child to produce well-rounded graduates who persevere through challenges, think critically and use Social Emotional Competencies to advocate and advance their growth and development.

Why Social Emotional Learning in MSCS?

We believe educators can create classroom and school cultures that provide opportunities for students to learn and practice the social and emotional competencies that are closely linked to academic achievement as well as success in the workplace and in life.

What is SEL Week 2024?

SEL4US and The Urban Assembly are celebrating around the world in the fourth annual International SEL Week, March 4 - 8, 2024. This year, Memphis-Shelby County Schools (MSCS) will be participating in activities throughout the entire week. The theme for this year is ***Uplifting Hearts, Connecting Minds***. The toolkit provided from SEL4US, and the Urban Assembly has been modified to include additional resources that have been provided by the MSCS SEL team. The provided resources focus on all areas of social emotional learning.

Recently, several traumatic events have occurred around our city that have affected many of our students and families in the communities where we work, learn, live and play. Social emotional learning is needed now, more than ever! Research is showing that students who benefit from SEL programs are likely to benefit academically and are better equipped to handle challenges. The skills learned from SEL programs will provide students opportunities to become better equipped citizens.

It is evidently clear that we need to act! The how is left up to us. The extra effort that schools make to provide social emotional learning tools, *resources*, and strategies accessible to **all** students is a win. So, let's continue to ***uplift hearts and connect minds in our community. In our District, we want you to know that You Make the Difference!***

District Focus: “I Make the Difference”

March 4-March 8

Join us for SEL Week 2024 where we will examine the 5 CASEL Competencies.

What is CASEL? CASEL is the Collaborative for Academic, Social, and Emotional Learning, the world’s leading organization advancing one of the most important fields in education. It is also defined as the process through which all young people and adults acquire and apply the knowledge, skills, and attitudes to develop healthy identities, manage emotions and achieve personal and collective goals, feel and show empathy for others, establish and maintain supportive relationships, and make responsible and caring decisions. Take a moment to review the CASEL Wheel which includes all 5 Competencies. (CASEL, 2020)



Directions: Students will be introduced to **one** competency each day and wear the color assigned to each competency. For morning announcements, a selected student or school personnel will read the competency definition and a scenario that aligns with the concept. Each classroom will take 5-7 minutes to brainstorm a solution to the questions following the scenario.

Monday (Wear Green) CASEL Competency: Self-Awareness

- Morning Announcement: [Monday Morning Announcements](#)

Tuesday (Wear Blue) CASEL Competency: Self- Management

- Morning Announcement: [Tuesday Morning Announcements](#)

Wednesday (Wear Yellow) CASEL Competency: Social Awareness

- Morning Announcement: [Wednesday Morning Announcements](#)

Thursday (Wear Orange) CASEL Competency: Relationship Skills

- Morning Announcement: [Thursday Morning Announcements.pdf](#)

Friday (Wear Red) CASEL Competency: Responsible Decision Making

- Morning Announcement: [Friday Morning Announcements](#)

SEL Week Activities and Resources

There are countless ways to celebrate and reinforce social emotional learning (SEL) in your classroom and schools.

Whose Got Talent? SEL TikTok Challenge

By the end of the week, high school and middle school students will create a song or poem based on making positive choices. This can be a schoolwide competition. Students and teachers can record the songs and submit them to a SEL team member and upload the video.

TikTok Challenge- Admin will assign a Coordinator who will upload a TikTok video with school staff, students, and parents.

- Upload video to the MSCS TikTok channel.
- Use the **#MSCSELWEEK (name of school)**.
- The artist with the most likes will be recognized.

Who is Your SEL Superhero?

By the end of the week each grade level will create a SEL Superhero. Use butcher paper to create your banner featuring your superhero. The superhero should include a name, positive

powers/characteristics, and one kryptonite. Submit a picture of your banner to a member of the SEL Team.

Weekly Gratitude Chart

Students will use the daily gratitude handout to express gratitude.

Elementary: [Grateful ABC's](#)

Secondary: [Gratitude](#)

Optional Activity Ideas

Assemblies

- Organize an assembly on SEL Day to share skits, songs or original writing that celebrate and showcase SEL.
- Organize an assembly on SEL Day with a guest speaker or performance related to key SEL skills.

Displays

- Create a bulletin board with a school wide theme. Click on the links below to find related resources.
 - [Bulletin Board](#)
- Create a SEL Choice Board- SEL Choice Boards are a list of activities, videos, and prompts to help students build SEL skills and competencies.
 - [Create a Choice Board](#)
- Create and display SEL Day posters that highlight SEL skills.
- Design a SEL Day bulletin board featuring a tree with SEL skills written on the leaves.

Library

- Create an SEL library area or bookshelf in honor of SEL Day.
- Feature SEL-themed books in a read-aloud program during the week of SEL Day.
- Ask families to donate SEL-themed books in honor of SEL Day.
- Distribute lists of SEL-themed books on SEL Day.
- Book list created by Glose for Education Blog aligned "[Social and Emotional Learner Reading List](#)" that provide content-enriched reading experiences for all levels of learners, from middle school on up to adult teachers and school leaders.
- [EVERFI Reading Book List](#)

Staff and Leadership

- Complete the ReThink lesson (Self-Compassion) on this day.
- Complete ReThink Adult Modules-To learn how to access the SEL Professional Development modules. ([Program Tools](#)> [My Resources](#) > [Virtual Support and Training](#))

- Share best practices for integrating SEL or focus on analyzing SEL assessment data at a staff meeting in March.

Family Engagement

- Feature SEL in a family newsletter in honor of SEL Day.
- Help Your Child Manage Stress-This resource supports families and caregivers. Please find the link to a video that outlines strategies to help children manage anxiety. [Help Your Child Manage Anxiety with 4 Strategies](#)

SEL Classroom Activities (Panorama)

- Panorama has strategies and activities that can be utilized throughout the day (any day) to provide development of the 5 CASEL core competencies:
- Self-Awareness, Self-Management, Social Awareness, Relationship Skills, and Responsible Decision-Making.
 - [Elementary](#)
 - [Middle](#)
 - [High](#)

ReSET Assistants

- Reset Assistants should participate in SEL WEEK 2024, , if applicable at school site. There are various options that ReSET Assistants can take on this day.

Spread the Word on Social-Media

- Use your school's social media channels to let everyone know how you are celebrating SEL Day. Use the #SELweek #SEL hashtags to amplify your efforts. **#MSCSELWEEK**.

Children thrive. Schools win. Workplaces benefit. Society strengthens. All due to social-emotional learning.

Contact Social-Emotional Learning district manager, Riletta Williams, williamsRW@scsk12.org, if you're interested in scheduling an SEL on Wheels demo site visit for sharing SEL activities with students and staff.