Sample Day in the Life of a High School Student During COVID-19

1. 6:45 - 7:00 a.m.
   - Alicia travels to school.

2. 7:00 - 7:15 a.m.
   - Alicia enters the building and gets her temperature checked at the front door with mask on. Alicia proceeds to a designated area to eat breakfast (classroom or cafeteria). School will practice social distancing to the extent possible. Schools may elect to have students eat breakfast in the classroom.
   - Students who arrive late to school will report to a designated area when they arrive to have temperature their checked and to sign in.

Cafeteria guidelines: Cafeteria workers will have prepared grab and go breakfasts for students.

Classroom guidelines: Cafeteria workers will have “go bags” prepared for each teacher to pick up prior to homeroom or first period. Pre-printed rosters will be available for students to sign when they pick up lunch in the classroom.

3. 7:15 - 10:15 a.m. (Morning Instruction)
   - Step 1: Alicia utilizes hand sanitizing stations found in the hall and/or in individual teacher classes to wash her hands before entering each classroom.
   - Step 2: Alicia enters the classroom and finds her seat for instruction.
   - Step 3: Alicia wears her mask throughout the lesson.
   - Step 4: Alicia receives instruction from her teacher with headsets on and she signs into TEAMS (teacher may be teaching in-person or teacher may be at home teaching virtually).
   - Step 5: Alicia will receive synchronous and asynchronous instruction.

   * Alicia wears her mask in the hall to transition to next class where she begins steps 1-5 again for each class transition.
   * Adults will be placed strategically in the hall to monitor social distancing and PPE implementation to the extent possible.
   * Students who attend CCTE/DE classes off site will report to a designated area when they return to school prior to attending classes. They will have their temperature checked and will be required to have on their masks.
   * Throughout the morning instruction, Alicia will go the restroom in designated periods assigned to each teacher during morning instructional hours.

4. 10:15 - 11:15 a.m. Lunch (depends on school schedule)
   - Alicia washes hands and eats lunch in classroom or designated area.
   - After lunch, Alicia utilizes hand sanitizing stations found in the hall and/or in individual teacher classes to wash her hands before entering each classroom.

5. 11:15 a.m. - 2:15 p.m. (Afternoon Instruction)
   - Step 1: Alicia utilizes hand sanitizing stations found in the hall and/or in individual teacher classes to wash her hands before entering each classroom.
   - Step 2: Alicia enters the classroom and finds her seat for instruction.
   - Step 3: Alicia wears her mask throughout the lesson.
   - Step 4: Alicia receives instruction from her teacher with headsets on and she signs into TEAMS.
   - Step 5: Alicia will receive synchronous and asynchronous instruction.

6. 2:15 p.m.
   - Alicia prepares to go home and exits the building. There will be staggered dismissal in this order (as appropriate):
     1) Bus riders
     2) Walkers
     3) Car riders
   - All students who are participating in extracurricular activities/tutoring will report to the auditorium to socially distance in a seat until the appropriate teacher/sponsor reports to the auditorium to collect them.
   - All sponsors will escort students out of the building at the conclusion of the practice/meeting and the teacher will remain with the students until they leave campus.

- Synchronous - learning together
- Asynchronous - learning independently