

High Frequency Word Activities

Read/Spell/Write

Use this routine to read, spell, and write high frequency words.

Example

Read: Point to the word **of** and say the word. This is the word **of**. Say it with me: **of**. A mole came out of the ground.

Spell: The word of is spelled **o-f**. Spell it with me.

Write: Let's write the word in the air as we say each letter: **o-f**.

DIY High Frequency Word Flash Cards

Write each high frequency word on an index card or sticky note. Place the high frequency word cards in various places. Students will practice reading high frequency words as they move to various places.

Popsicle Stick High Frequency Word Game

Write the high frequency words on popsicle sticks or index cards, and write "DYNAMITE" on a couple sticks. Put them in a jar. Pull them out one-by-one, read the word. If you pull dynamite, you must put all your sticks back in the jar.

High Frequency Word Hunt

After reading a book or poem, students will search for selected high frequency words. Allow students to circle or highlight high frequency words.

Magnetic Spelling

Children will pull a word card from a stack. Then, they will read and spell the word using magnetic letters.

High Frequency Word Tic-Tac-Toes

Let the children pull a high frequency word card. Then, they read it, use it in a sentence, or spell it before adding an X or O to the board.

High Frequency Word Tower

Use dry erase markers to write high frequency words on the side of Legos, and place them in a pile. Call out a word, have your child find the Lego with that word, and add to the tower.

High Frequency Word Tallies

Write 5 high frequency words on a piece of paper. Search through books and magazines and put tally marks next to the words as you find them.

High Frequency Word Wars

Playing with a partner, use 2 stacks of high frequency word cards. Each player flips over a card. Whoever reads the high frequency word first, keeps the cards. If they flip the same word card, it's War! Then, they lay 2 cards face down, and the third one flipped up. Whoever reads the third card the fastest, wins that pile. In the end, the child with the most cards, wins!



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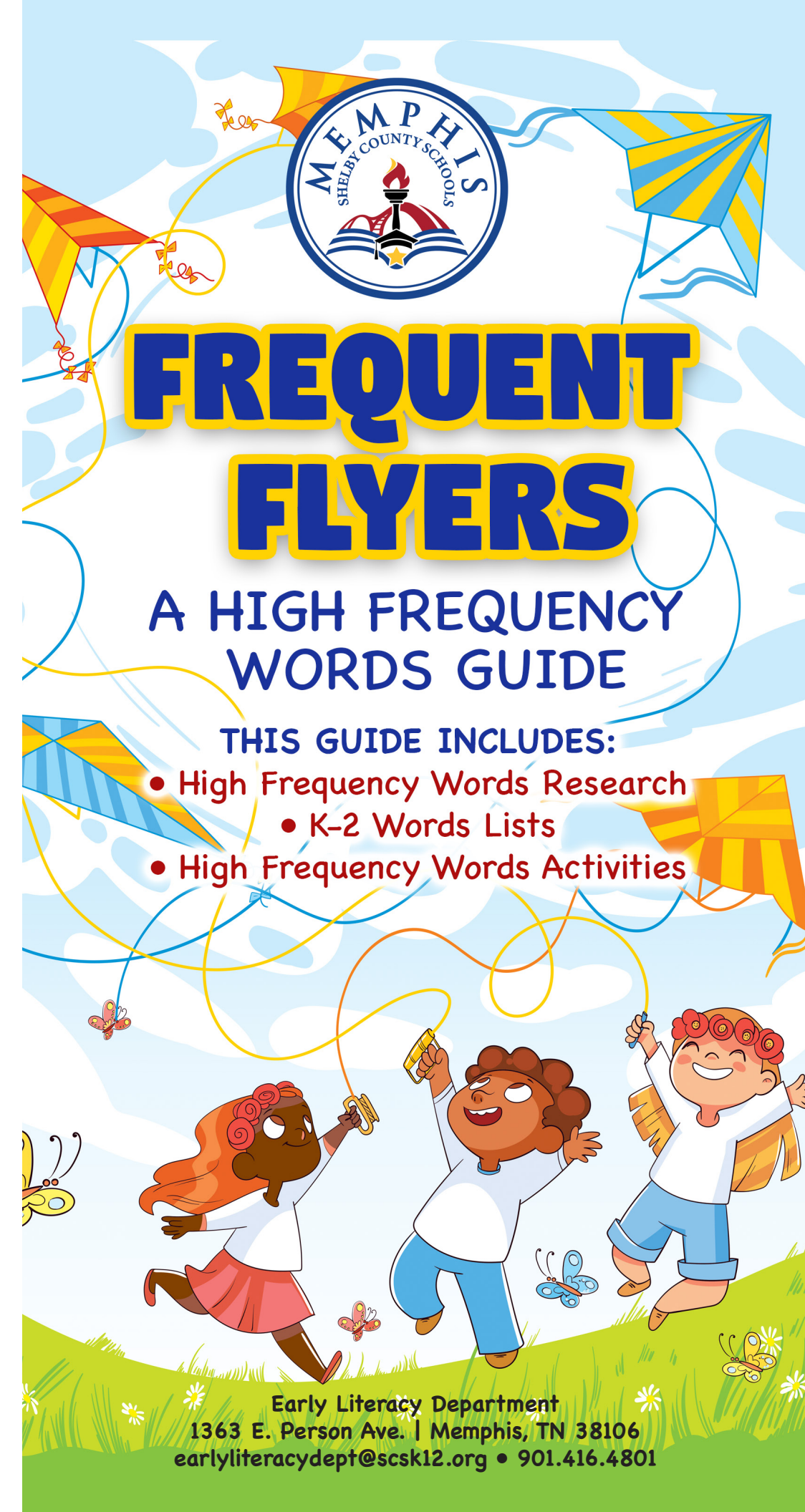
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High Frequency Words

High frequency words are lists of words that appear most often in printed texts. About 100 of the most common high frequency words account for nearly 50% of the words read in school and college. Since they appear so frequently in texts, children need to recognize these words by sight, without relying heavily on “sounding out” strategies. Learning high frequency words is an important step in developing comprehension.

Some high frequency words can be sounded out using basic phonic rules, for example, “it” is an easy word to read using phonics. However, many high frequency words have **irregular spellings** and are therefore more challenging to sound out or read in the early stages (e.g., said).

Recognizing and being able to read high frequency words **gives children more confidence**. If a child can already recognize a quarter of the words in a text, they are more likely to want to keep reading. Being able to read and recognize these words can begin to **make reading and writing less daunting** to children during the early stages of their educational journey.

<https://www.twinkl.com/teaching-wiki/high-frequency-words>

Grade K High Frequency Words

1. I	16. with	30. what
2. can	17. is	31. help
3. the	18. little	32. too
4. we	19. she	33. has
5. see	20. was	34. play
6. a	21. for	35. look
7. like	22. have	36. where
8. to	23. of	37. good
9. and	24. they	38. who
10. go	25. said	39. come
11. you	26. want	40. does
12. do	27. here	
13. my	28. me	
14. are	29. this	
15. he		

Grade 1 High Frequency Words

1. not	49. children	98. only
2. school	50. up on	99. put
3. down	51. ago	100. round
4. out	52. boy	101. another
5. up	53. girl	102. climb
6. very	54. how	103. full
7. be	55. old	104. great
8. pull	56. people	105. poor
9. fun	57. after	106. through
10. jump	58. buy	107. began
11. move	59. done	108. better
12. run	60. every	109. guess
13. two	61. soon	110. learn
14. again	62. work	111. right
15. make	63. about	112. sure
16. new	64. animal	113. color
17. there	65. carry	114. early
18. use	66. eight	115. instead
19. could	67. give	116. thought
20. live	68. our	117. above
21. one	69. because	118. build
22. then	70. blue	119. fall
23. three	71. into	120. knew
24. eat	72. or	121. money
25. no	73. other	122. toward
26. of	74. small	123. answer
27. under	75. find	124. brought
28. who	76. food	125. busy
29. all	77. more	126. door
30. call	78. over	127. enough
31. day	79. start	128. eyes
32. around	80. warm	129. brother
33. by	81. caught	130. father
34. many	82. flew	131. friend
35. place	83. know	132. love
36. walk	84. laugh	133. so
37. away	85. listen	134. together
38. now	86. were	135. water
39. some	87. found	136. any
40. today	88. hard	137. from
41. way	89. near	138. happy
42. why	90. woman	139. once
43. green	91. would	140. year
44. grow	92. write	141. before
45. pretty	93. four	142. front
46. should	94. large	
47. picture	95. none	
48. been	96. month	

Grade 2 High Frequency Words

1. ball	61. open	122. away	183. strong
2. blue	62. their	123. building	184. city
3. both	63. field	124. found	185. father
4. even	64. flower	125. from	186. mother
5. help	65. grow	126. Saturday	187. o'clock
6. put	66. leaves	127. thought	188. own
7. there	67. light	128. today	189. questions
8. why	68. orange	129. toward	190. read
9. yellow	69. ready	130. watch	191. searching
10. could	70. until	131. ago	192. sure
11. find	71. about	132. carry	193. though
12. funny	72. around	133. certain	194. anything
13. green	73. good	134. everyone	195. children
14. how	74. great	135. heavy	196. everybody
15. sounds	75. idea	136. outside	197. instead
16. by	76. often	137. people	198. paper
17. small	77. part	138. our	199. person
18. another	78. second	139. started	200. voice
19. done	79. two	140. strong	201. whole
20. show	80. world	141. after	202. woman
21. water	81. also	142. before	203. words
22. year	82. apart	143. young	204. door
23. your	83. begin	144. among	205. front
24. goes	84. either	145. bought	206. order
25. new	85. hundred	146. knew	207. probably
26. number	86. over	147. never	208. remember
27. won	87. places	148. once	209. someone
28. yes	88. those	149. soon	210. tomorrow
29. almost	89. after	150. sorry	211. what's
30. food	90. before	151. talk	212. worry
31. out	91. every	152. touch	213. yesterday
32. saw	92. few	153. upon	214. alone
33. sky	93. first	154. answer	215. became
34. straight	94. without	155. been	216. beside
35. under	95. better	156. body	217. four
36. wash	96. group	157. build	218. hello
37. baby	97. long	158. head	219. large
38. early	98. more	159. heard	220. notice
39. isn't	99. only	160. minutes	221. round
40. learn	100. would	161. myself	222. suppose
41. seven	101. America	162. pretty	223. surprised
42. these	102. beautiful	163. pushed	224. above
43. try	103. began	164. brought	225. brother
44. bird	104. climbed	165. busy	226. follow
45. far	105. come	166. else	227. listen
46. right	106. country	167. happy	228. month
47. says	107. didn't	168. I'll	229. soft
48. understand	108. give	169. laugh	230. something
49. work	109. live	170. love	231. song
50. cold	110. turned	171. maybe	232. who's
51. family	111. below	172. please	233. wind
52. friends	112. colors	173. several	234. against
53. off	113. don't	174. air	235. anymore
54. picture	114. down	175. along	236. complete
55. school	115. eat	176. always	237. enough
56. took	116. many	177. draw	238. river
57. change	117. morning	178. during	239. rough
58. cheer	118. sleep	179. ever	240. sometimes
59. fall	119. through	180. meant	241. stranger
60. five	120. very	181. nothing	242. terrible
	121. animal	182. story	243. special