

PARENTS: DID YOU KNOW?
YOUR CHILD CAN SCORE HEALTHY
BREAKFAST OPTIONS AT SCHOOL!



Celebrate National School Breakfast Week!
March 8 - 12, 2021

#NSBW21



SCORE
BIG WITH SCHOOL BREAKFAST

It's a great time to try school breakfast!



Studies show that students who eat school breakfast are more likely to:

- Reach higher levels achievement in reading and math
- Have better concentration and memory
- Score higher on standardize tests
- Be more alert
- Maintain a healthy weight

Parents download the NSBW Activity Sheets for your student
www.scsk12.org/lunch



SCORE BIG

SCHOOL BREAKFAST



Did You Have School Breakfast Today?

