

**SHELBY COUNTY SCHOOLS BREAKFAST MENU**

Jan-08

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Christmas Break</b>				
	*MILK 1	*MILK 2	*MILK 3	*MILK 4
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 7	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 8	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 9	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 0 *MILK 10	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 11
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 14	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 15	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 16	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 0 *MILK 17	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 18
<b>MARTIN LUTHER KING</b>	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 22	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 23	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 0 *MILK 24	CHOICE OF JUICE OR FRUIT 0 0 SCHOOLS FAVORITE HOT BREAD OR CEREAL AND TOAST 0 0 0 *MILK 25
CHOICE OF JUICE OR FRUIT 0 BREAKFAST PIZZA 1 OR CEREAL AND TOAST 0 0 0 *MILK 28	CHOICE OF JUICE OR FRUIT 0 SAUSAGE AND BISCUIT 1 OR CEREAL AND TOAST 0 0 0 *MILK 29	CHOICE OF JUICE OR FRUIT 0 SCHOOLS FAVORITE BREAKFAST SANDWICH 1 OR CEREAL AND TOAST 0 0 0 *MILK 30	CHOICE OF JUICE OR FRUIT 0 FRENCH TOAST 4 LITTLE SMOKIES 3 OR CEREAL AND TOAST 0 0 0 *MILK 31	

\*CHOICE OF 1%, 2%, OR LOWFAT CHOCOLATE \*FLAVORED, OR SKIM MILK

MILK 1 CUP  
 JUICE/FRUIT/VEGETABLE 1/2 CUP  
 SELECT ONE SERVING FROM EACH OF THE FOLLOWING COMPONENTS;  
 OR TWO FROM ONE COMPONENT; OR AN EQUIVALENT COMBINATION  
 GRAINS 1 SERVING  
 MEAT/MEAT ALTERNATE 1 OUNCE

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