

**SHELBY COUNTY SCHOOLS LUNCH MENU**  
Mar-09

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN STRIPS WITH ROLL HAMBURGER SANDWICH *ENTRÉE SALAD SEASONED GREEN BEANS WHIPPED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP MILK 2	TERIYAKI BEEF NUGGETS/W ROLL CHICKEN SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 3	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP MILK 4	FISH STICKS WITH BREAD STICK CHICKEN NUGGETS W/BREAD STICK *ENTRÉE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP MILK 5	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 6
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP MILK 9	CHICKEN TENDERS W/ROLL HOT POCKET *ENTRÉE SALAD 0 OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 10	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP MILK 11	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *ENTRÉE SALAD LIMA BEANS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 12	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 13
<p>SPRING BREAK MARCH 16-20, 2009</p>				
*MARCH 16	*MARCH 17	*MARCH 18	*MARCH 19	*MARCH 20
MEATBALL SUB POPCORN CHICKEN *ENTRÉE SALAD SEASONED GREEN BEANS SCALLOPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 23	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 25	CHICKEN NUGGETS W/ ROLL FISH FILET SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 26	PIZZA EGGROLL WITH/DIP *ENTRÉE SALAD 0 VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 27
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/TORTILLA *ENTRÉE SALAD FAJITA FIXINGS OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 31			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE  
VEGETABLE AND OR FRUIT  
BREAD / BREAD ALTERNATE  
\*\*MILK \*

( 'K - 3 )

1 1/2 OUNCE, PER DAY  
1/2 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**