

**SHELBY COUNTY SCHOOLS LUNCH MENU**  
Nov-08

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHICKEN STRIPS WITH ROLL HAMBURGER SANDWICH *ENTRÉE SALAD SEASONED GREEN BEANS WHIPPED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 3	TERIYAKI BEEF NUGGETS/W ROLL CHICKEN SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 4	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 5	FISH STICKS WITH BREAD STICK CHICKEN NUGGETS W/BREAD STICK *ENTRÉE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 6	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 7
VETERAN'S DAY BREAK  *NOVEMBER 10	VETERAN'S DAY BREAK  *NOVEMBER 11	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 12	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *ENTRÉE SALAD LIMA BEANS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 13	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP MILK 14
CHICKEN NUGGETS W/ROLL HOT DOG SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17	FISH STRIPS WITH/HUSH PUPPIES GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 18	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 19	QUESADILLA WITH SALSA TURKEY CORN DOG NUGGETS *ENTRÉE SALAD WHOLE KERNEL CORN 0 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 20	PIZZA HAMBURGER ON A BUN *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP MILK 21
MEATBALL SUB POPCORN CHICKEN *ENTRÉE SALAD SEASONED GREEN BEANS SCALLOPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP MILK 25	<b>THANKSGIVING BREAK</b> NOVEMBER 26-28, 2008 SPECIAL LUNCH FOR THANKSGIVING WILL BE ANNOUNCED AT EACH SCHOOL PRIOR TO BREAK. PUBLISHED MENU WILL CHANGE FOR THAT DAY		

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE  
VEGETABLE AND OR FRUIT  
BREAD / BREAD ALTERNATE

\*\*MILK \*

( \*K - 3 )

1 1/2 OUNCE, PER DAY  
1/2 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**