

**SHELBY COUNTY SCHOOLS LUNCH MENU**  
Sep-08

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
LABOR DAY  *SEPTEMBER 1	TERIYAKI BEEF NUGGETS/W ROLL CHICKEN SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 2	MEXICAN STICK W/CHILI HOT DOG/OR CHILI DOG SANDWICH *ENTRÉE SALAD 0 WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 3	FISH STICKS WITH BREAD STICK CHICKEN NUGGETS W/BREAD STICK *ENTRÉE SALAD MACARONI AND CHEESE STEAMED BROCCOLI 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 4	PIZZA ENTRÉE WRAP *ENTRÉE SALAD SHREDDED LETTUCE SALAD BABY CARROTS W/DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 5
CORN DOGS HAMBURGER SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 8	CHICKEN TENDERS W/ROLL HOT POCKET *ENTRÉE SALAD 0 OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 9	TACOS OR TACO SALAD BBQ SANDWICH *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 10	COUNTRY BEEF PATTY W/ROLL POP CORN CHICKEN *ENTRÉE SALAD LIMA BEANS WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 11	PIZZA DELI SANDWICH *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 12
CHICKEN NUGGETS W/ROLL HOT DOG SANDWICH *ENTRÉE SALAD SEASONED GREEN PEAS AUGRATIN POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 15	FISH STRIPS WITH/HUSH PUPPIES GRILLED CHICKEN SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNED POTATOES LETTUCE, TOMATO, PICKLE FRESH FRUIT CHILLED FRUIT CUP *MILK 16	BAKED CHICKEN W/ROLL CHEESE STICKS/W MARINARA *ENTRÉE SALAD STEAMED BROCCOLI WHIPPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 17	QUESADILLA WITH SALSA TURKEY CORN DOG NUGGETS *ENTRÉE SALAD WHOLE KERNEL CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 18	PIZZA HAMBURGER ON A BUN *ENTRÉE SALAD GARDEN SALAD LETTUCE, TOMATO, PICKLE 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 19
MEATBALL SUB POPCORN CHICKEN *ENTRÉE SALAD SEASONED GREEN BEANS SCALLOPED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 22	CHICKEN SANDWICH STEAK STRIPS WITH HOT ROLL *ENTRÉE SALAD LETTUCE, TOMATO, PICKLE OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 23	TACOS OR TACO SALAD HOT POCKET *ENTRÉE SALAD TACO FIXINGS MEXICAN CORN 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 24	CHICKEN NUGGETS W/ ROLL FISH FILET SANDWICH *ENTRÉE SALAD SLAW OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 25	PIZZA EGGROLL WITH/DIP *ENTRÉE SALAD 0 VEGGIE PICK UPS WITH DIP 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 26
TURKEY CORN DOG NUGGETS BBQ SANDWICH *ENTRÉE SALAD ONION RINGS BAKED BEANS 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 29	GRILLED HAM & CHEESE SAND. CHICKEN FAJITA W/TORTILLA *ENTRÉE SALAD FAJITA FIXINGS OVEN BROWNED POTATOES 0 FRESH FRUIT CHILLED FRUIT CUP *MILK 30			

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

**\*A SALAD BAR OR A VARIETY OF ENTRÉE SALADS WILL BE OFFERED**

**USDA MEAL REQUIREMENTS**

MEAT / MEAT ALTERNATE  
VEGETABLE AND OR FRUIT  
BREAD / BREAD ALTERNATE  
\*\*MILK \*

( 'K - 3 )

1 1/2 OUNCE, PER DAY  
1/2 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\* A VARIETY OF LOWFAT MILK OFFERED**

(4-12)

2 OUNCES, PER DAY  
3/4 CUP, PER DAY  
8 SERVINGS, PER WEEK  
1/2 PINT, PER DAY

**\*\*\*SANDWICHES MAY BE OFFERED ON A VARIETY OF BREADS**

**CUSTOMERS HAVE A CHOICE OF ONE ENTRÉE, CHOICE OF ANY 2 (1/2 CUP) VEGETABLE/FRUIT CHOICE SERVINGS, A BREAD SERVING, AND MILK AT A UNIT COST. TWO ITEMS MAY BE DECLINED BUT AT THE SAME MEAL COST.**